



300+ POSITIVE AFFIRMATIONS FOR KIDS

I AM - I AM - I AM



All About Me



My name:

My age:

My hobbies:

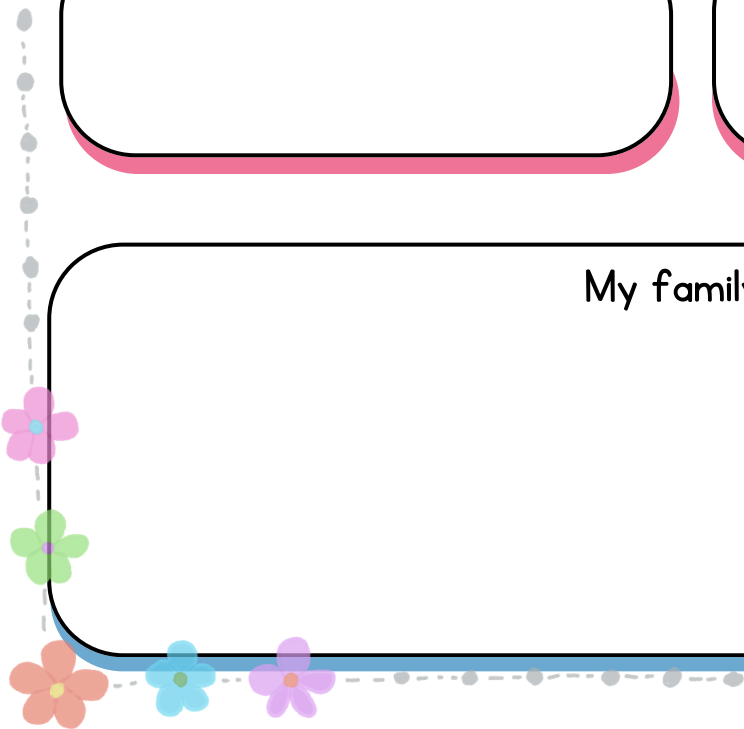
My favorite color:

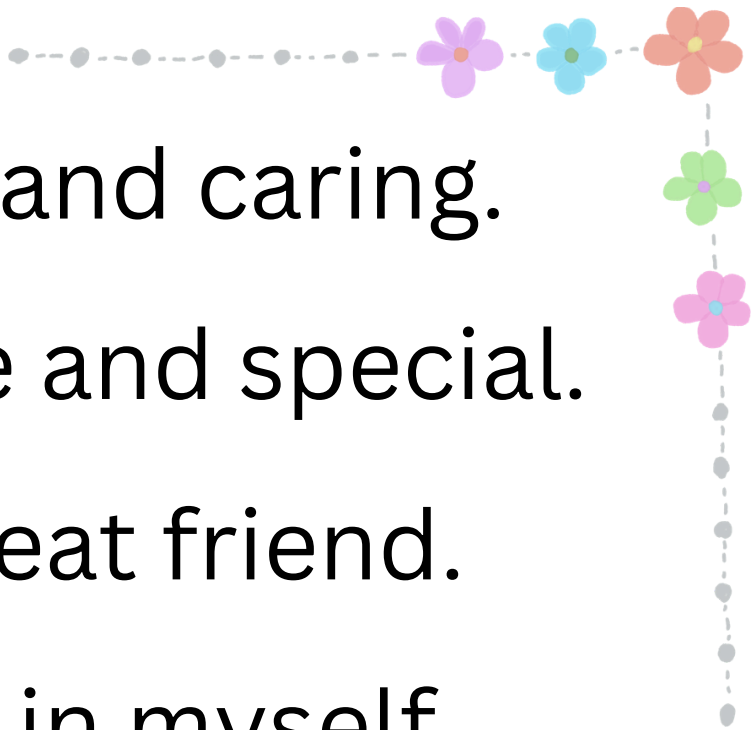
My favorite food:

My favorite song:

My favorite game:

My family:





I am kind and caring.

I am unique and special.

I am a great friend.

I believe in myself.

I can do anything I set my
mind to.

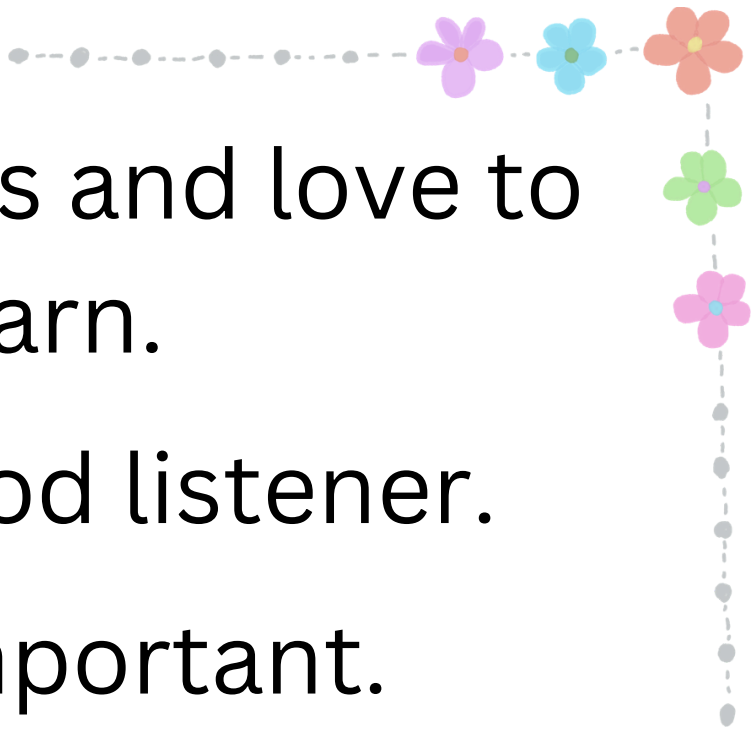


I am smart and capable.

I am brave and strong.

I am loved by my family and
friends.





I am curious and love to
learn.

I am a good listener.

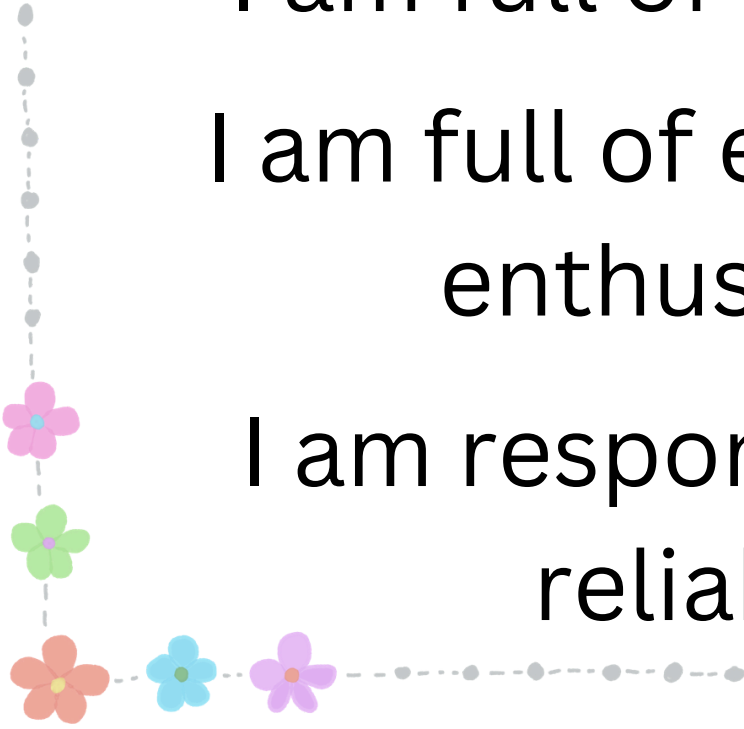
I am important.

I am grateful for each day.

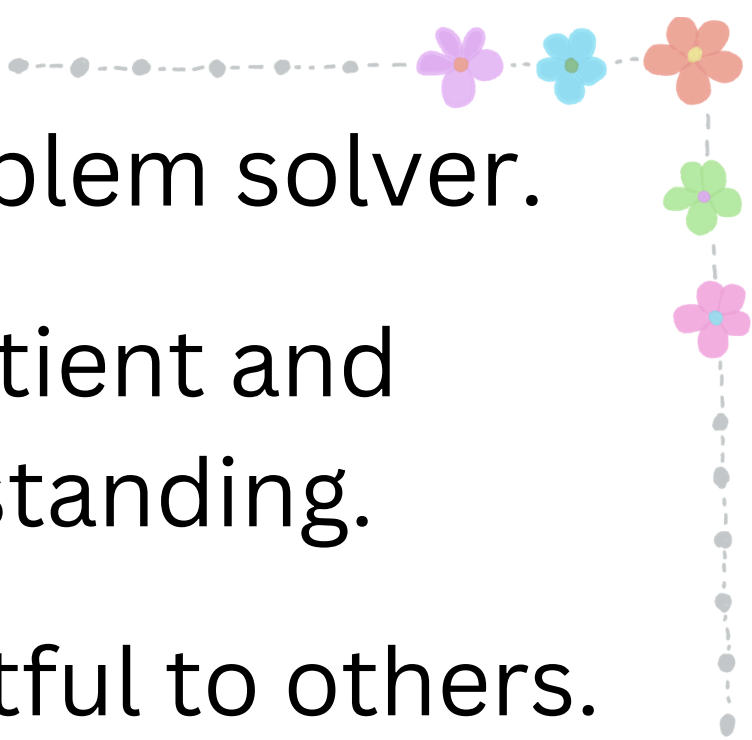
I have a big heart.

I am full of creativity.

I am full of energy and
enthusiasm.



I am responsible and
reliable.

A decorative dotted line runs along the top and right edges of the page. It features several colorful flowers: purple, blue, orange, green, and pink.

I am a problem solver.

I am patient and
understanding.

I am respectful to others.

I am a positive thinker.

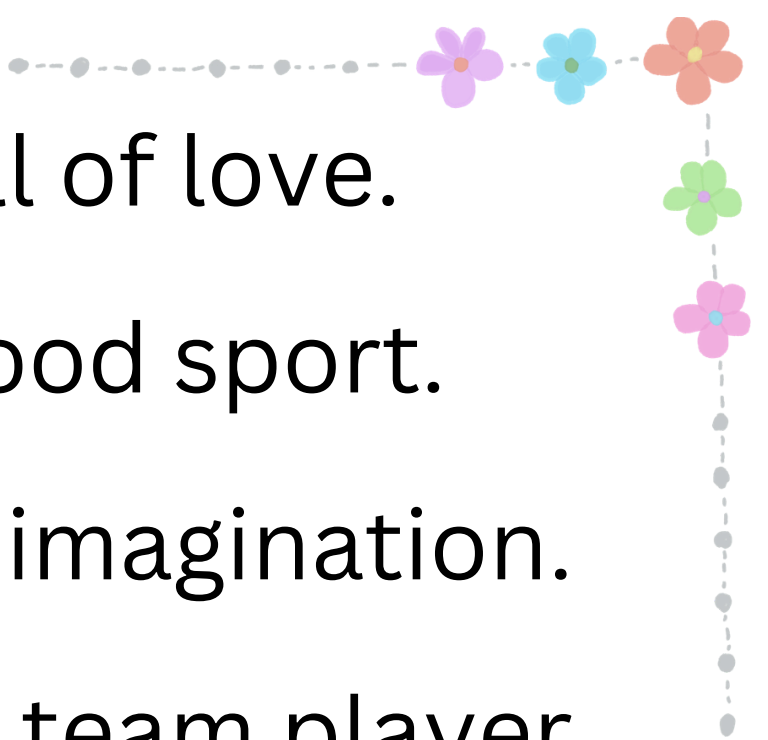
I am proud of who I am.

A decorative dotted line runs along the left and bottom edges of the page. It features several colorful flowers: pink, green, orange, blue, and purple.

I am a good helper.

I am full of joy and happiness.

I am full of courage.



I am full of love.

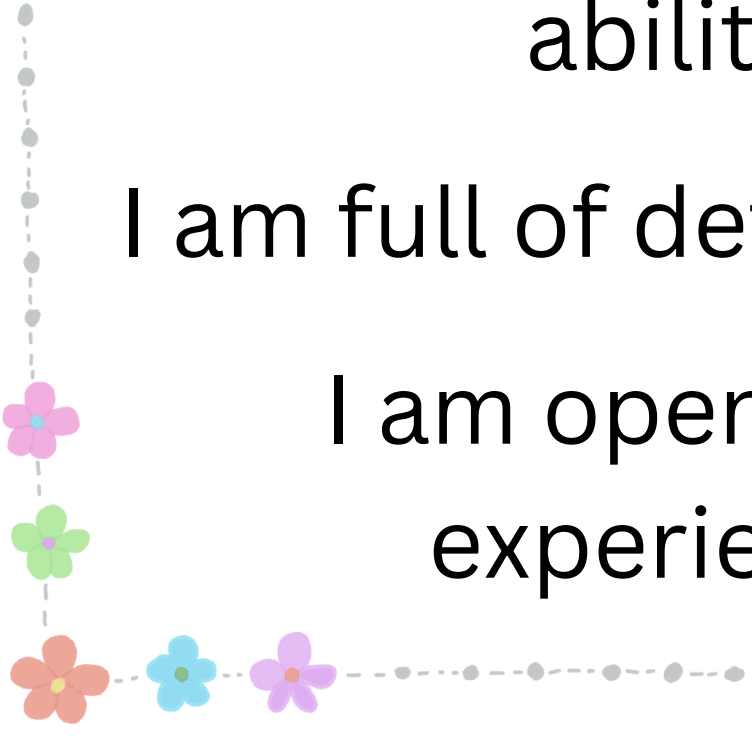
I am a good sport.

I am full of imagination.

I am a good team player.

I am a great artist.

I am confident in my
abilities.



I am full of determination.

I am open to new
experiences.

YOU ARE
SMART





I am a good problem solver.

I am full of laughter.

I am important to my
family.

I am a great storyteller.

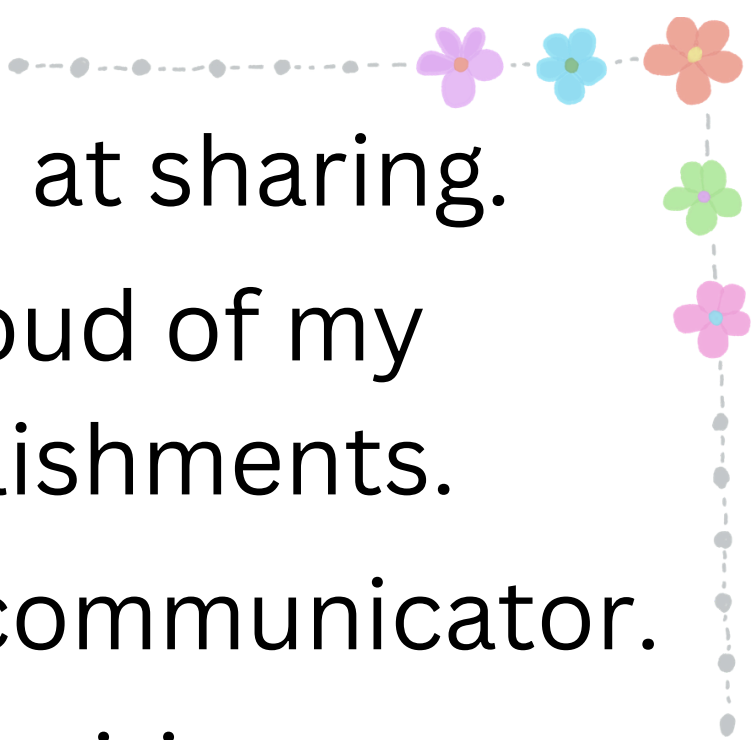
I am full of kindness.

I am always growing and
learning.

I am responsible for my
actions.



I am a good leader.

A decorative dotted line runs along the top and right edges of the page. It features several colorful flowers: a purple one, a blue one, an orange one, a green one, and a pink one, all connected by a series of small grey dots.

I am good at sharing.

I am proud of my
accomplishments.

I am a good communicator.

I am full of positive energy.

I am good at making friends.

A decorative dotted line runs along the left and bottom edges of the page. It features several colorful flowers: a pink one, a green one, an orange one, a blue one, and a purple one, all connected by a series of small grey dots.

I am excited about the
future.

I am respectful to myself
and others.

I am full of confidence.



I am a good role model.

I am full of gratitude.

I am capable of achieving
my dreams.

I am full of love for myself.

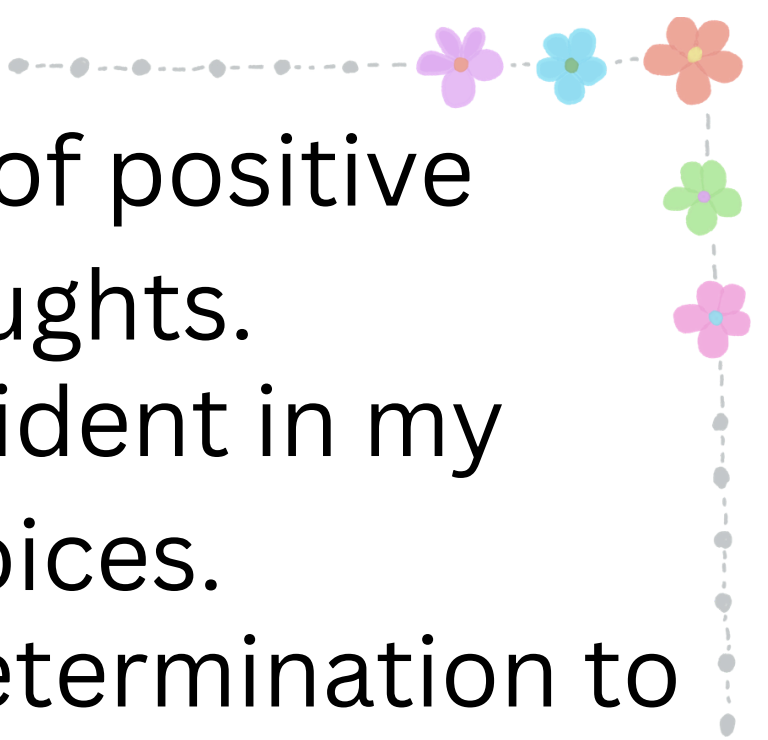
I am full of courage to try
new things.

I am a good listener to
myself and others.

I am full of happiness.



I am respectful to nature.

A decorative border in the top right corner consisting of a horizontal dashed line with five grey dots, followed by three flowers (purple, blue, orange) and a vertical dashed line with five grey dots, ending in two more flowers (green, pink).

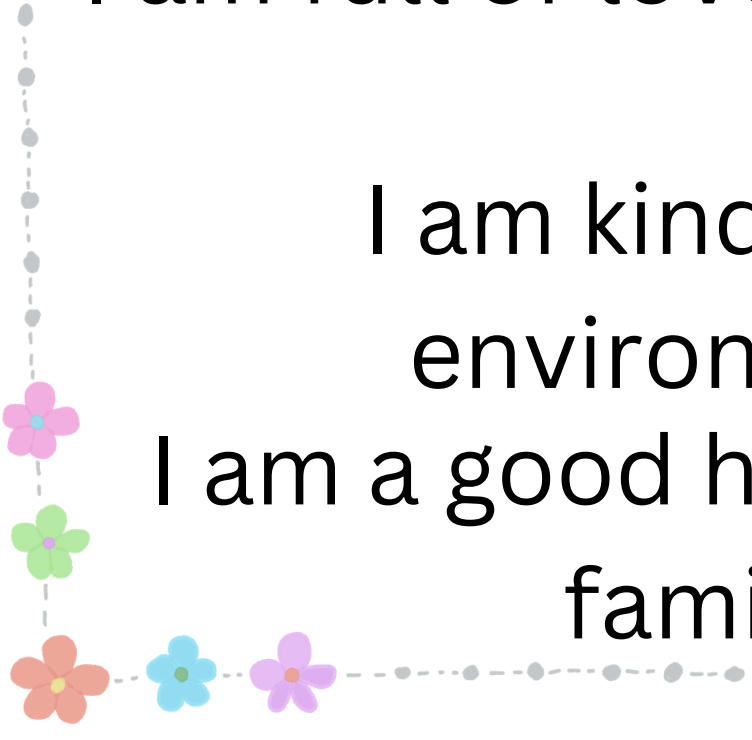
I am full of positive
thoughts.

I am confident in my
choices.

I am full of determination to
overcome challenges.

I am a good friend to myself
and others.

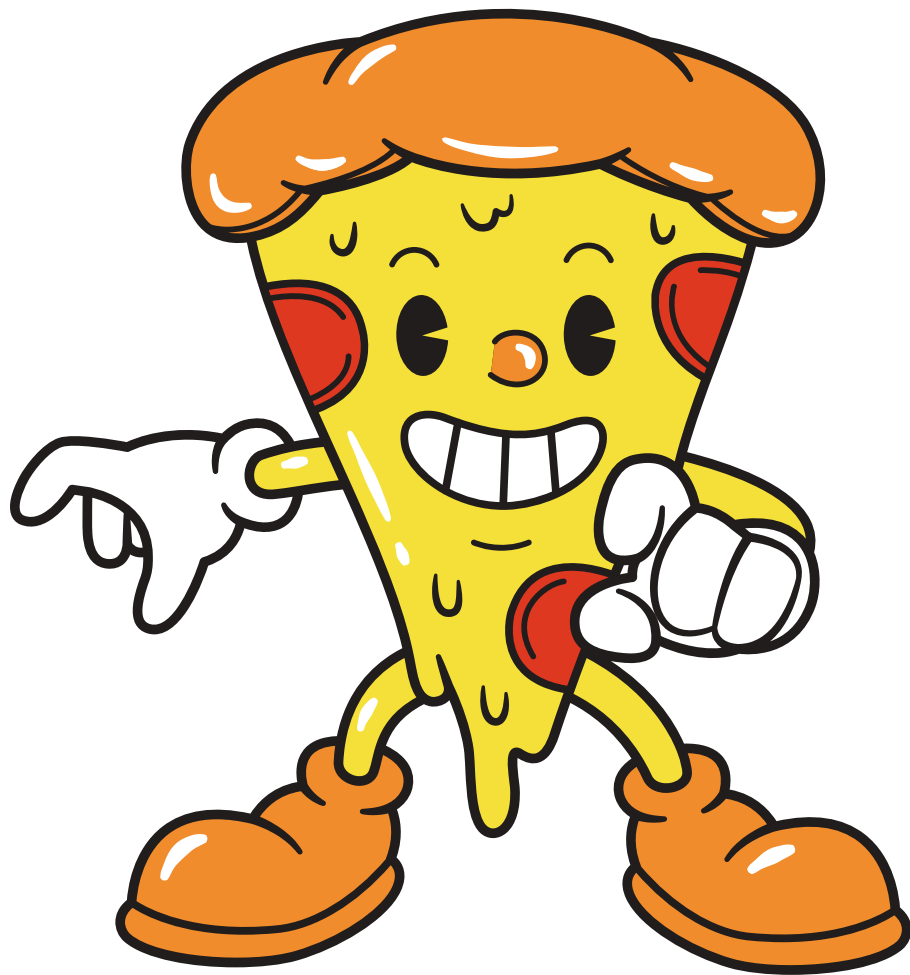
I am full of love for animals.

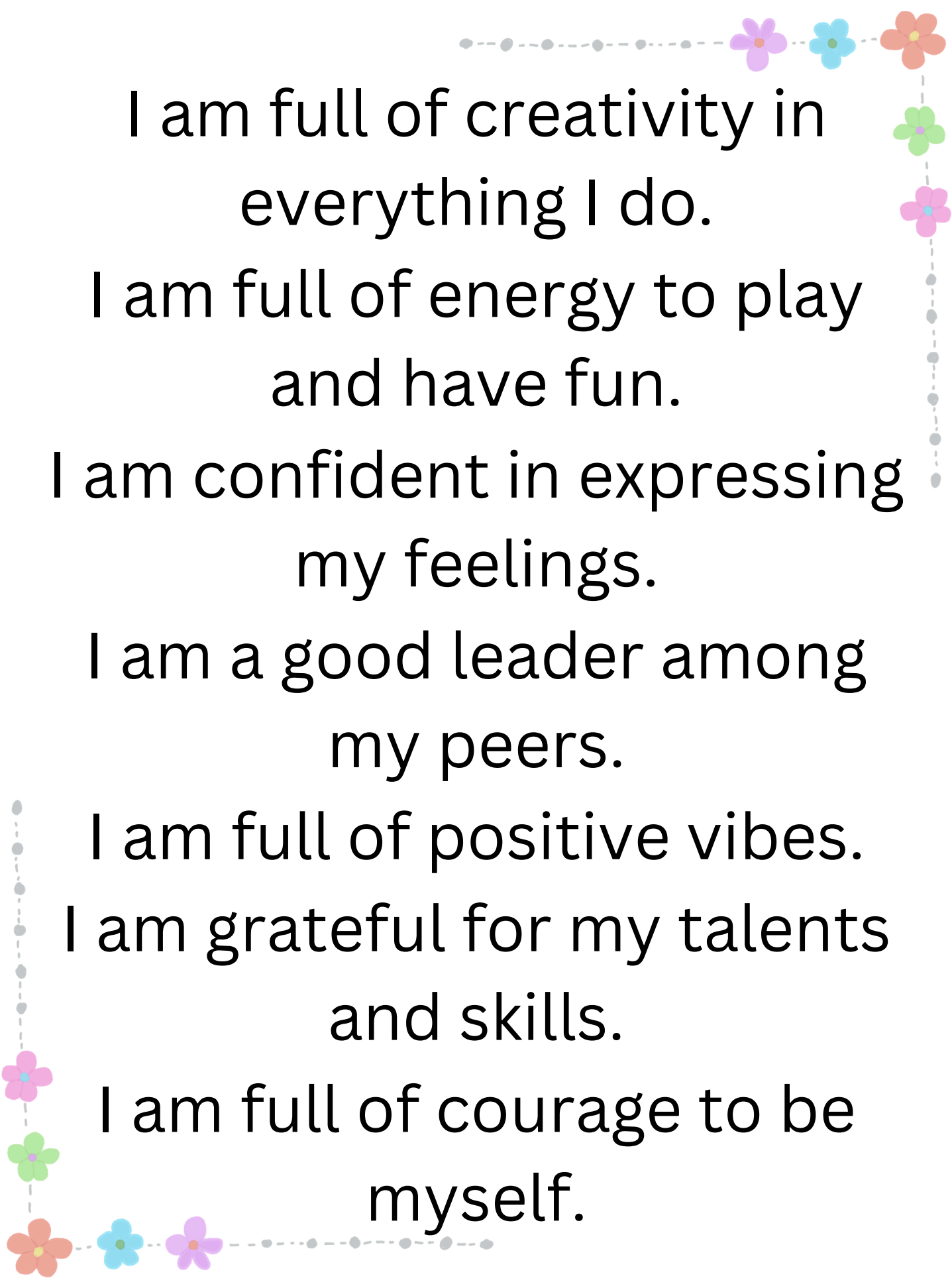
A decorative border in the bottom left corner consisting of a vertical dashed line with five grey dots, followed by three flowers (pink, green, orange) and a horizontal dashed line with five grey dots, ending in two more flowers (blue, purple).

I am kind to the
environment.

I am a good helper to my
family.

YOU ARE
AWESOME





I am full of creativity in
everything I do.

I am full of energy to play
and have fun.

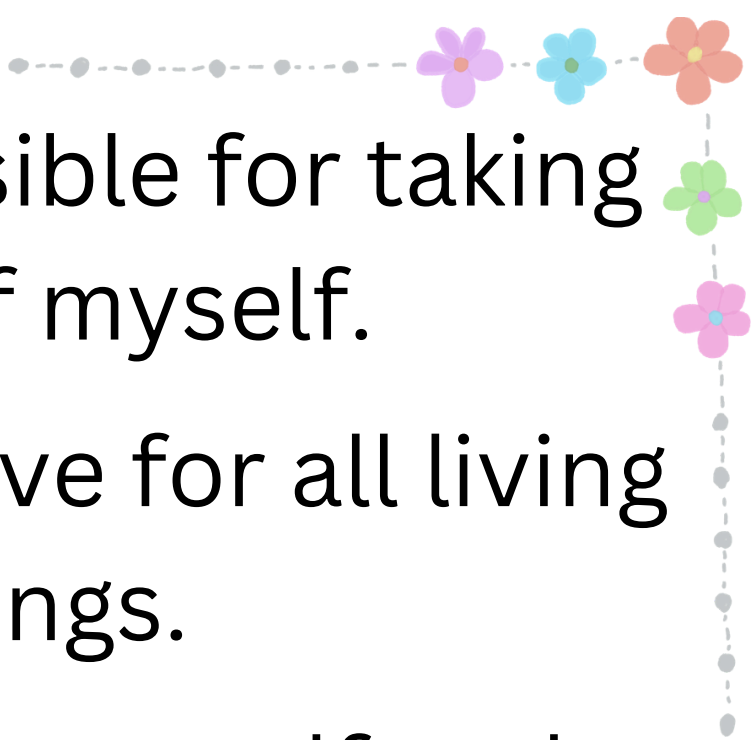
I am confident in expressing
my feelings.

I am a good leader among
my peers.

I am full of positive vibes.

I am grateful for my talents
and skills.

I am full of courage to be
myself.

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, green, and pink.

I am responsible for taking
care of myself.

I am full of love for all living
things.

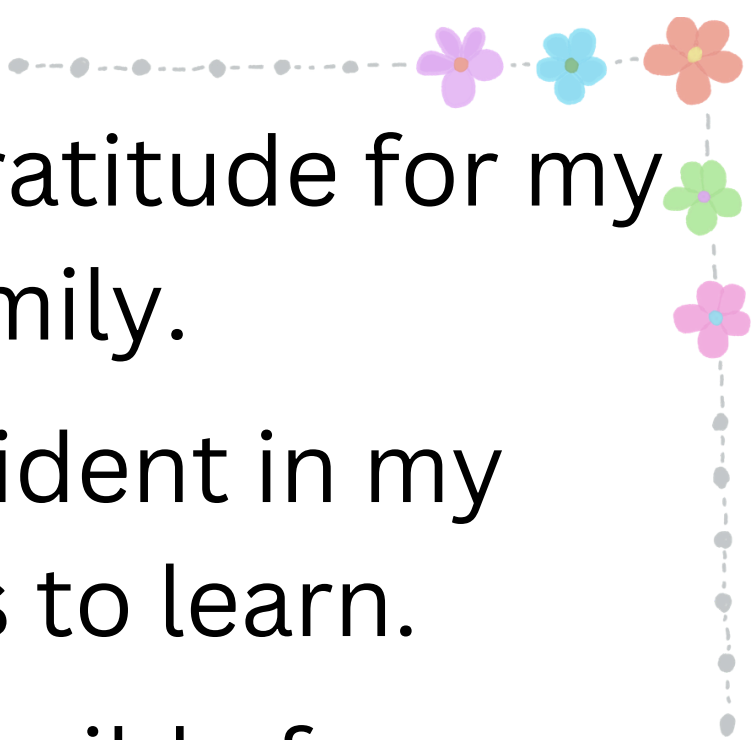
I am kind to myself and
others.

I am full of joy in every
moment.

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, orange, blue, and purple.

I am excited about learning
new things.

I am a good listener to my
heart.

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

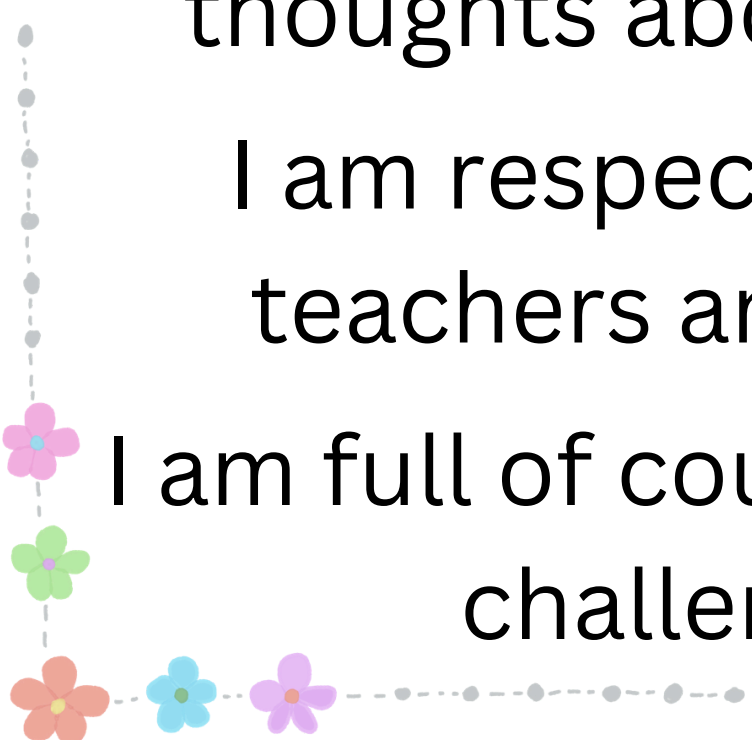
I am full of gratitude for my family.

I am confident in my abilities to learn.

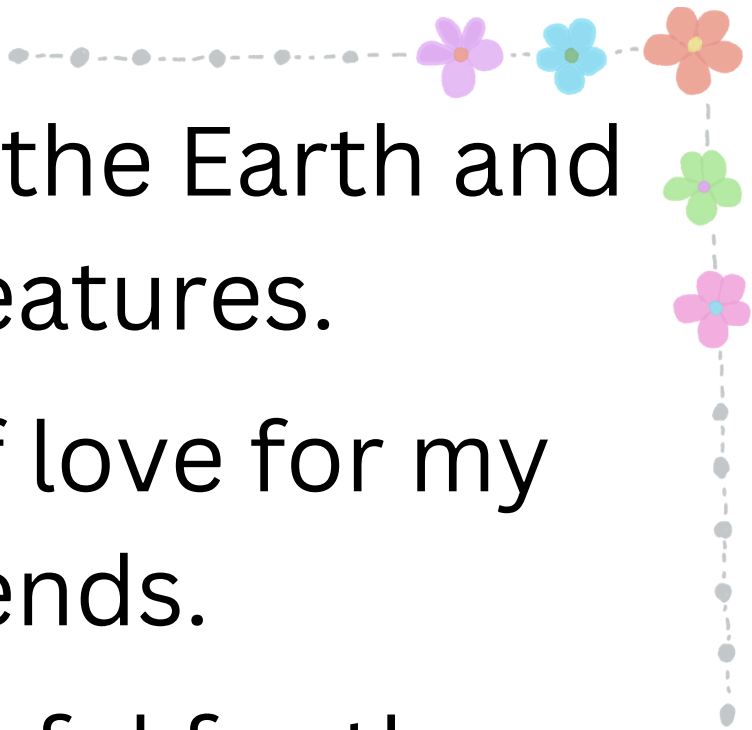
I am responsible for my actions and choices.

I am full of positive thoughts about myself.

I am respectful to my teachers and elders.

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, orange, and blue.

I am full of courage to face challenges.

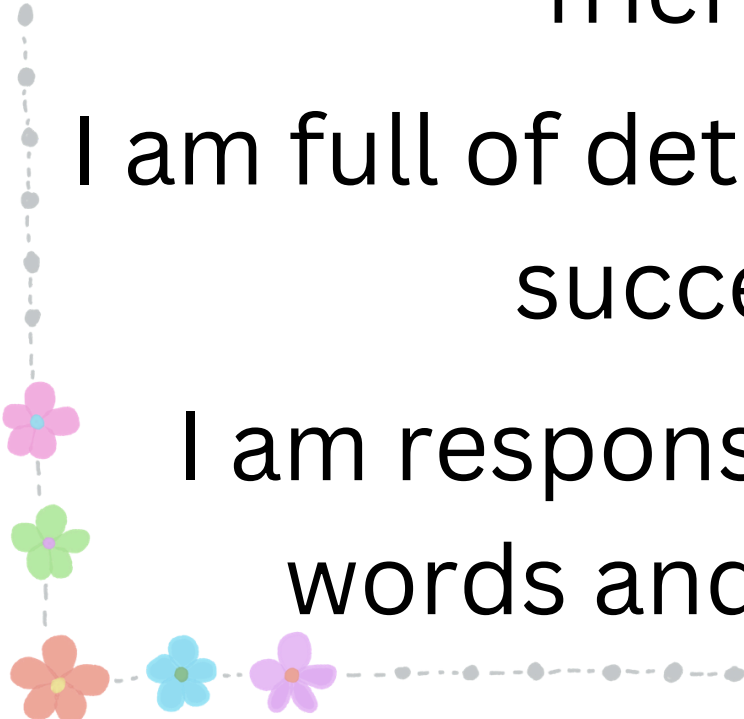
A decorative dotted line runs horizontally across the top right, with three flowers (purple, blue, orange) at its end. A vertical dotted line runs down the right side, with two flowers (green, pink) at its top.

I am kind to the Earth and
its creatures.

I am full of love for my
friends.

I am grateful for the
opportunities in my life.

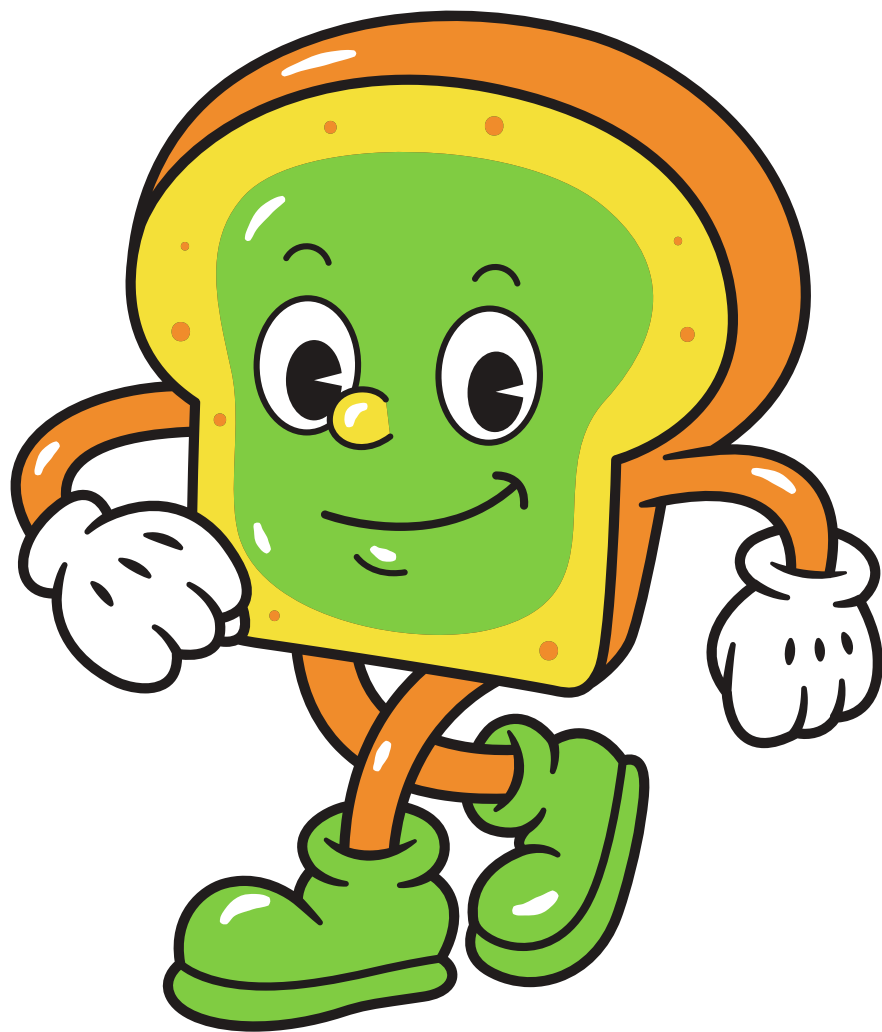
I am confident in making
friends.

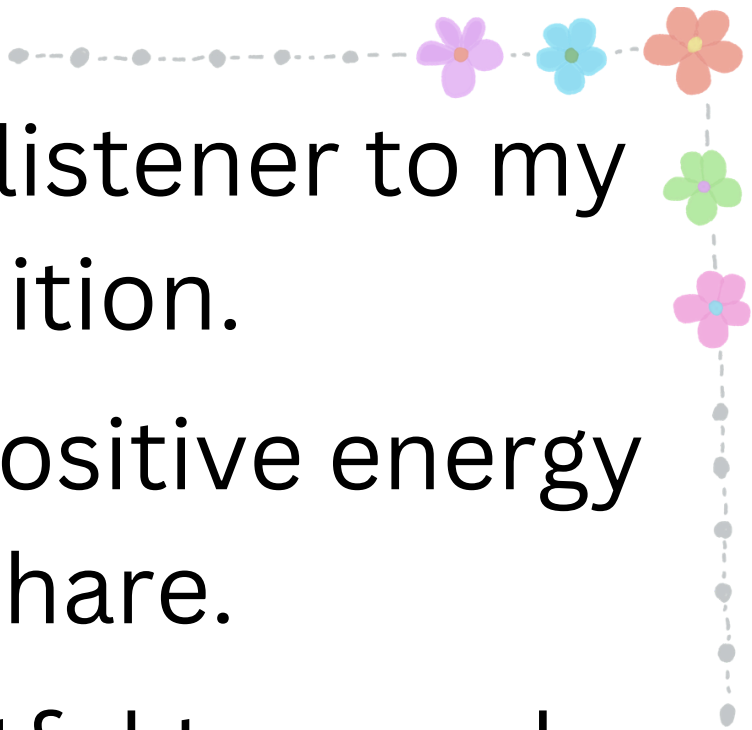
A vertical dotted line runs down the left side, with three flowers (pink, green, orange) at its bottom. A horizontal dotted line runs across the bottom left, with three flowers (orange, blue, purple) at its end.

I am full of determination to
succeed.

I am responsible for my
words and actions.

YOU ARE
AMAZING



A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, green, and pink.

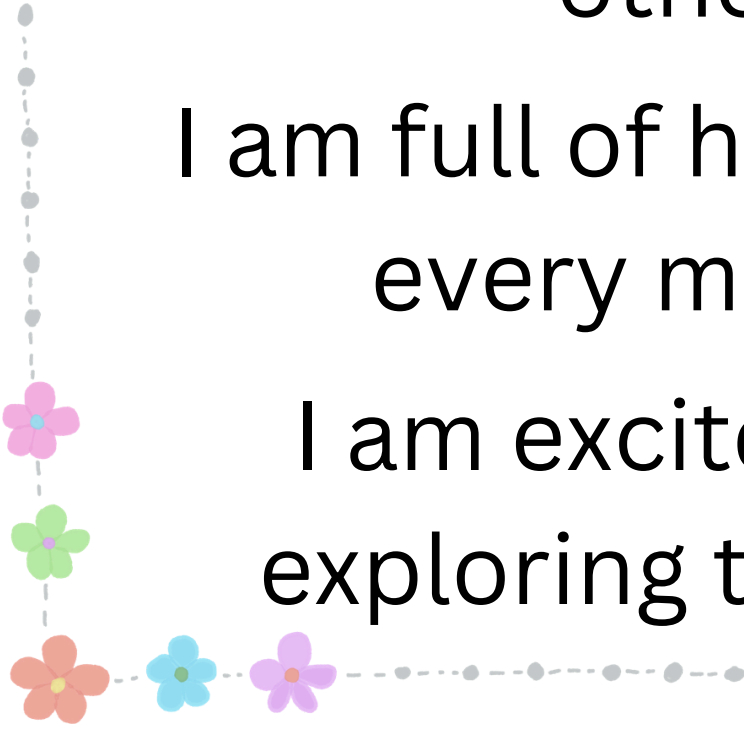
I am a good listener to my
intuition.

I am full of positive energy
to share.

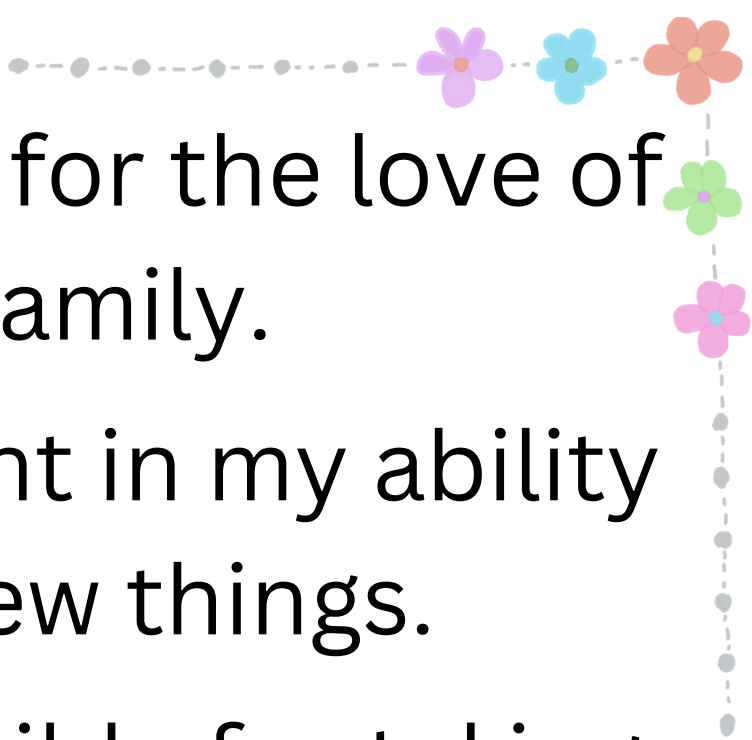
I am respectful to people
from all walks of life.

I am kind to myself and
others.

I am full of happiness in
every moment.

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, orange, blue, and purple.

I am excited about
exploring the world.

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

I am grateful for the love of
my family.

I am confident in my ability
to try new things.

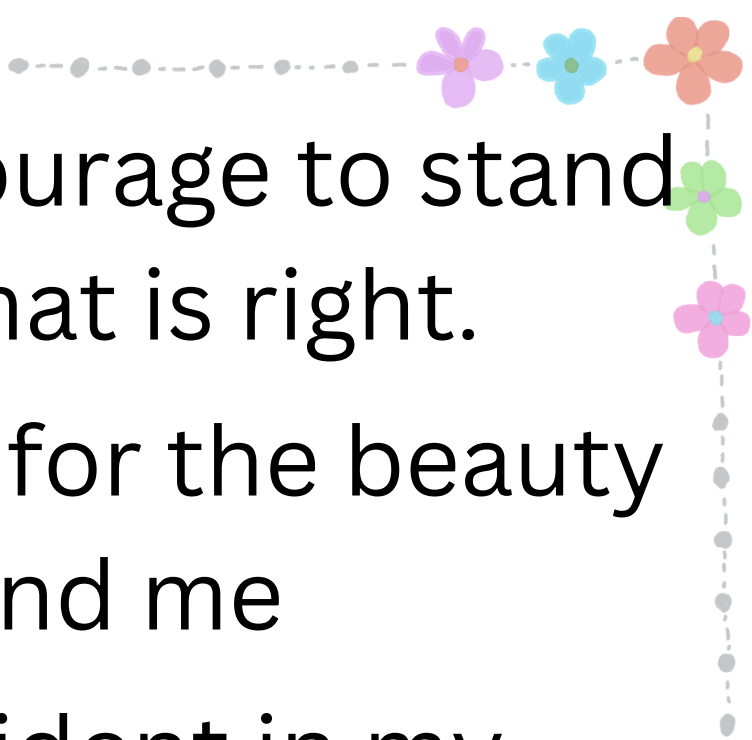
I am responsible for taking
care of my belongings.

I am full of positive
thoughts about my future.

I am respectful to different
opinions.

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, orange, and blue.

I am kind to animals and
treat them with love.

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

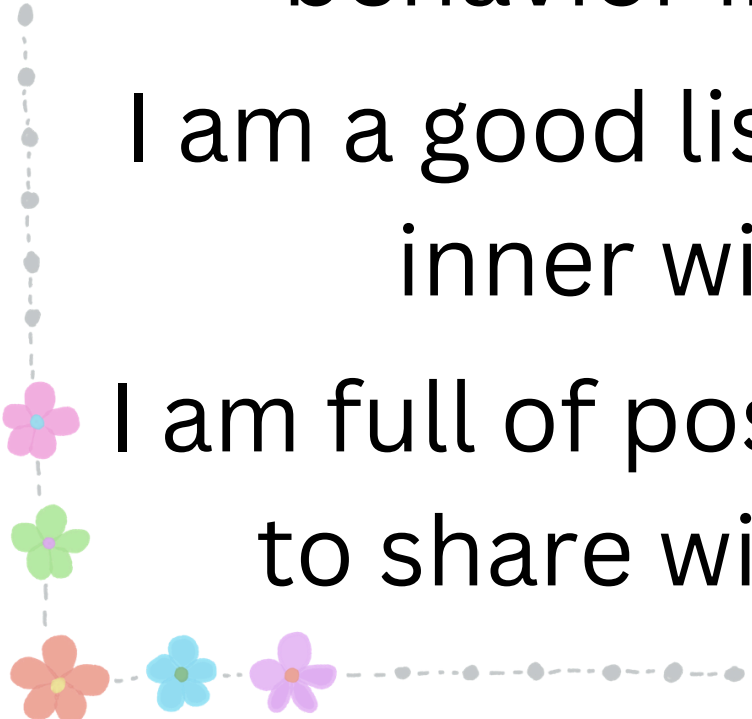
I am full of courage to stand
up for what is right.

I am grateful for the beauty
around me

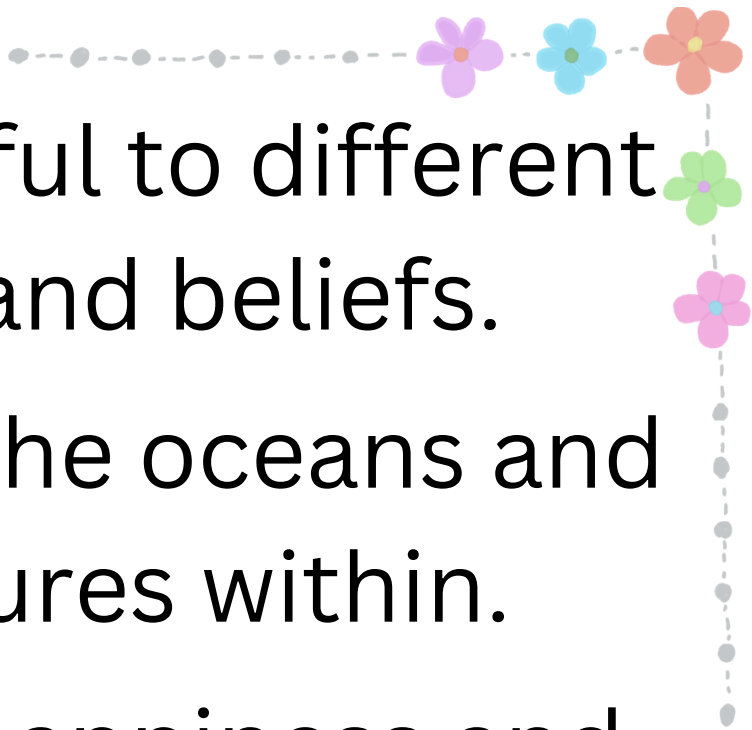
I am confident in my
creative ideas.

I am responsible for my
behavior in school.

I am a good listener to my
inner wisdom.

A decorative dotted line runs along the bottom and left edges of the page, continuing the theme of the top and right borders with small, colorful flowers.

I am full of positive energy
to share with others



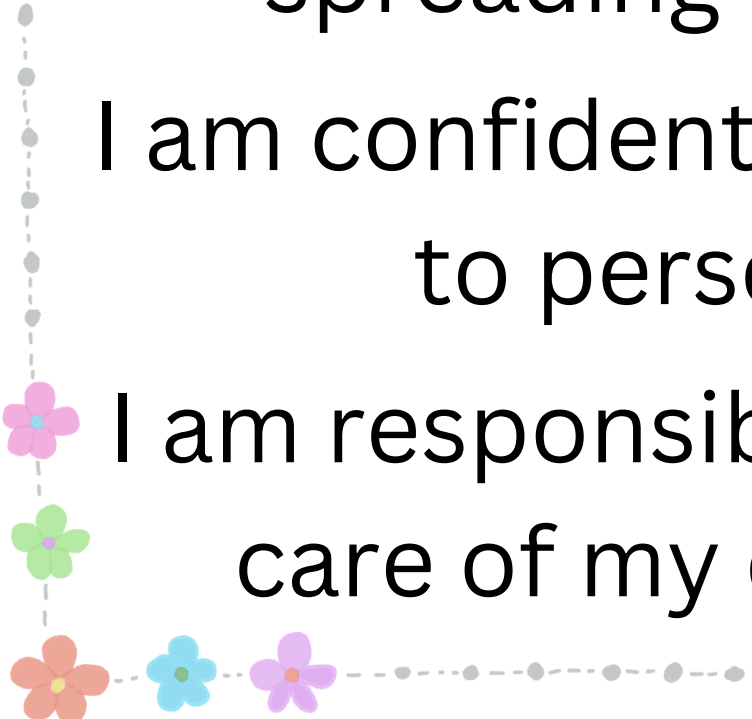
I am respectful to different
cultures and beliefs.

I am kind to the oceans and
the creatures within.

I am full of happiness and
positivity every day.

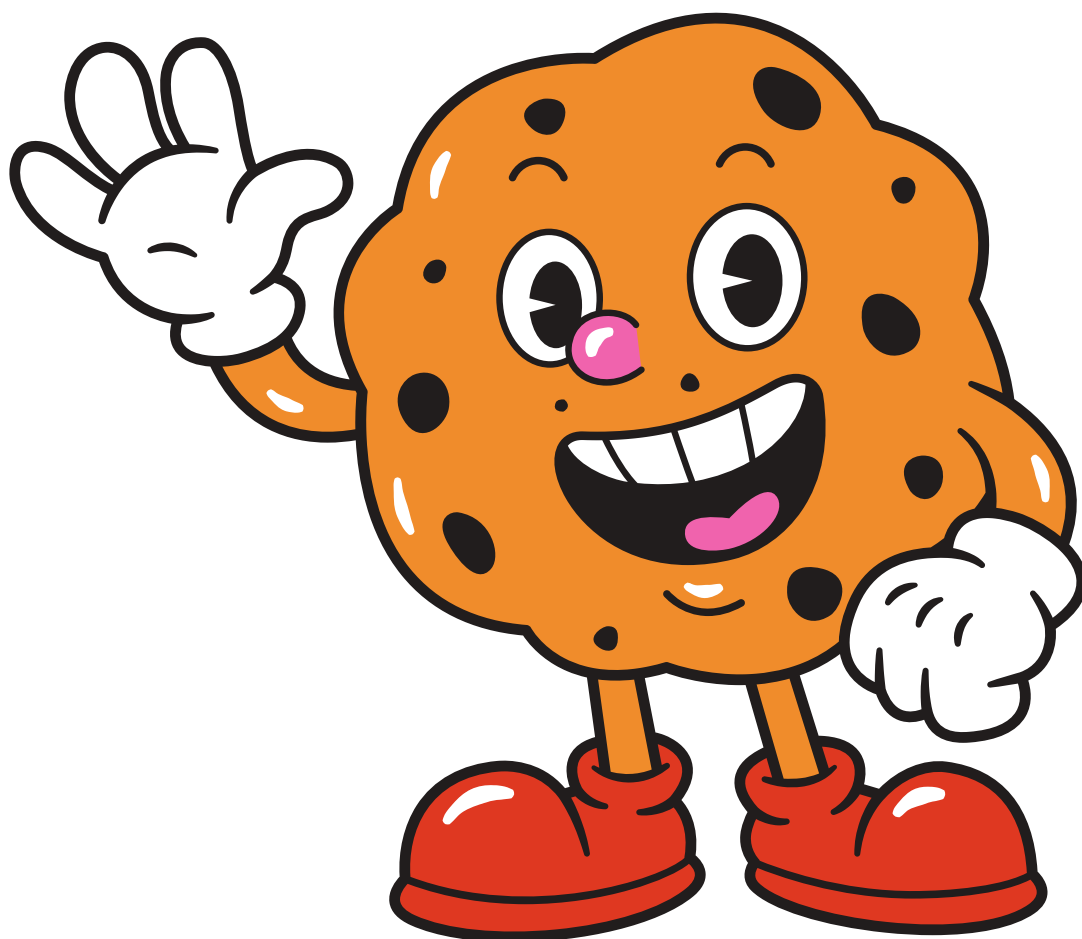
I am excited about
spreading kindness.

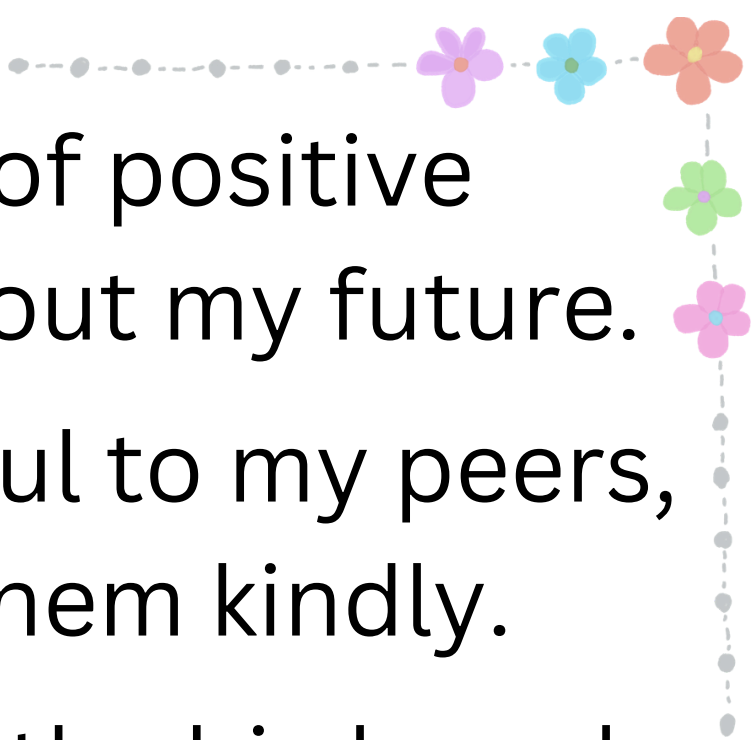
I am confident in my ability
to persevere.



I am responsible for taking
care of my emotions.

YOU ARE
KIND



A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

I am full of positive
thoughts about my future.

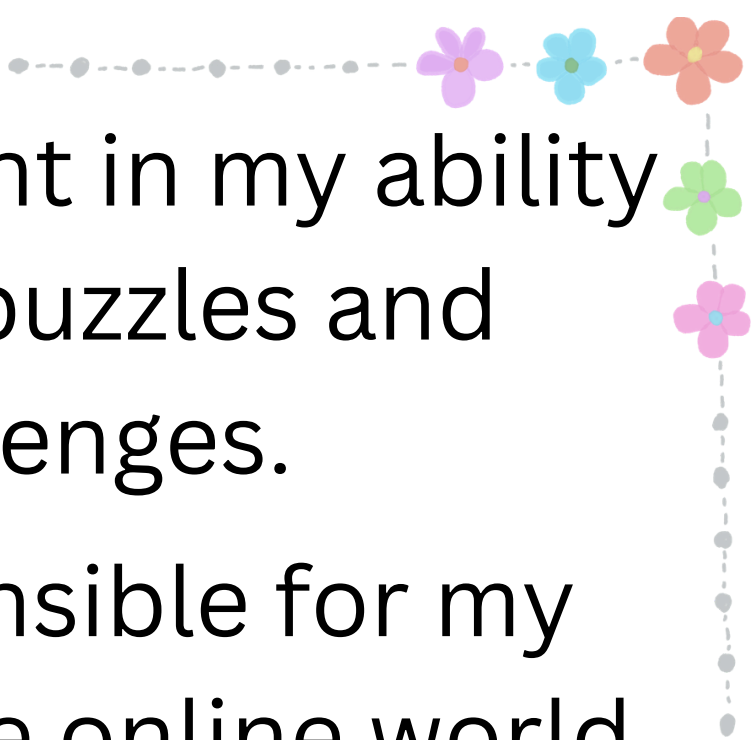
I am respectful to my peers,
treating them kindly.

I am kind to the birds and
animals, respecting their
habitats.

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, blue, and orange.

am full of courage to try
new foods and experiences.

am grateful for the support
of my community.

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers (purple, blue, orange, green, pink) interspersed with grey dots.

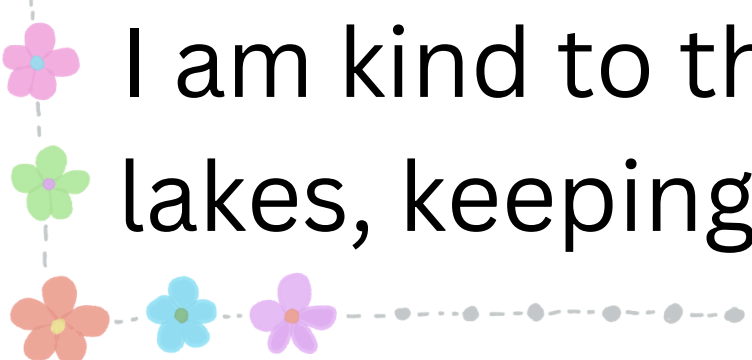
I am confident in my ability
to solve puzzles and
challenges.

I am responsible for my
actions in the online world.

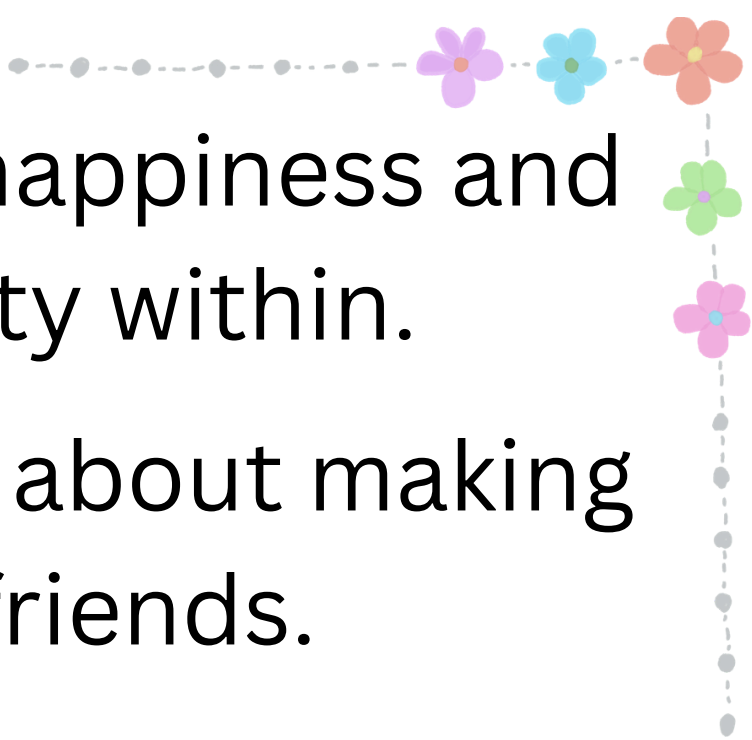
I am full of positive energy
to share with the world.

A decorative dotted line runs along the left edge of the page, featuring several small, colorful flowers (pink, green, orange, blue, purple) interspersed with grey dots.

I am respectful to my
teachers, appreciating their
guidance.

A decorative dotted line runs along the bottom edge of the page, featuring several small, colorful flowers (pink, green, orange, blue, purple) interspersed with grey dots.

 I am kind to the rivers and
 lakes, keeping them clean.

A decorative dotted line runs horizontally across the top of the page, ending with three flowers: purple, blue, and orange. A vertical dotted line runs down the right side of the page, starting with three flowers: purple, blue, and orange, and continuing with green and pink flowers.

I am full of happiness and
positivity within.

I am excited about making
new friends.

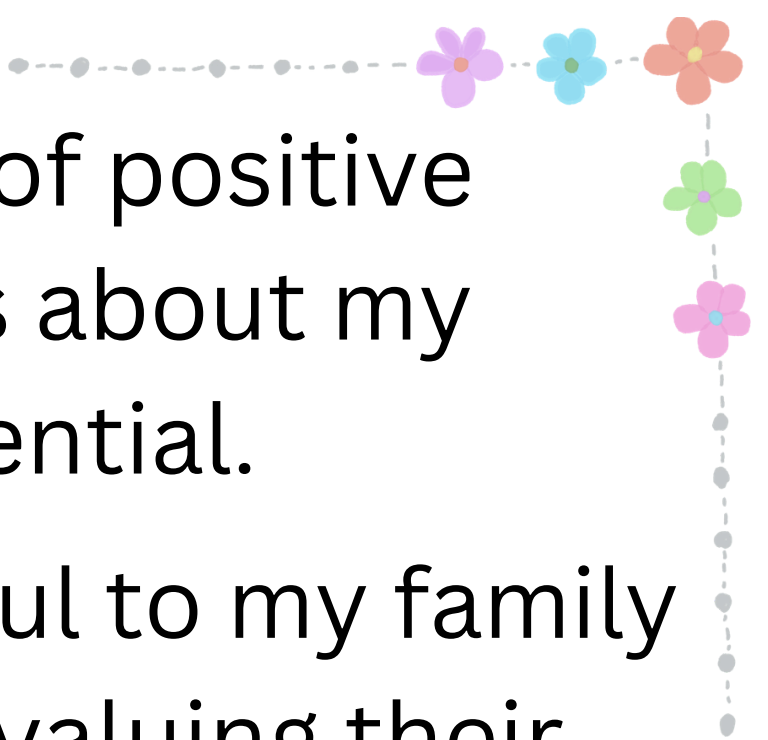
I am grateful for the
opportunities to help
others.

A decorative dotted line runs vertically down the left side of the page, starting with three flowers: pink, green, and orange, and continuing with blue and purple flowers.

I am confident in my ability
to adapt to change.

I am responsible for
showing kindness to
animals.

A decorative dotted line runs horizontally across the bottom of the page, starting with three flowers: orange, blue, and purple, and continuing with a dotted line.

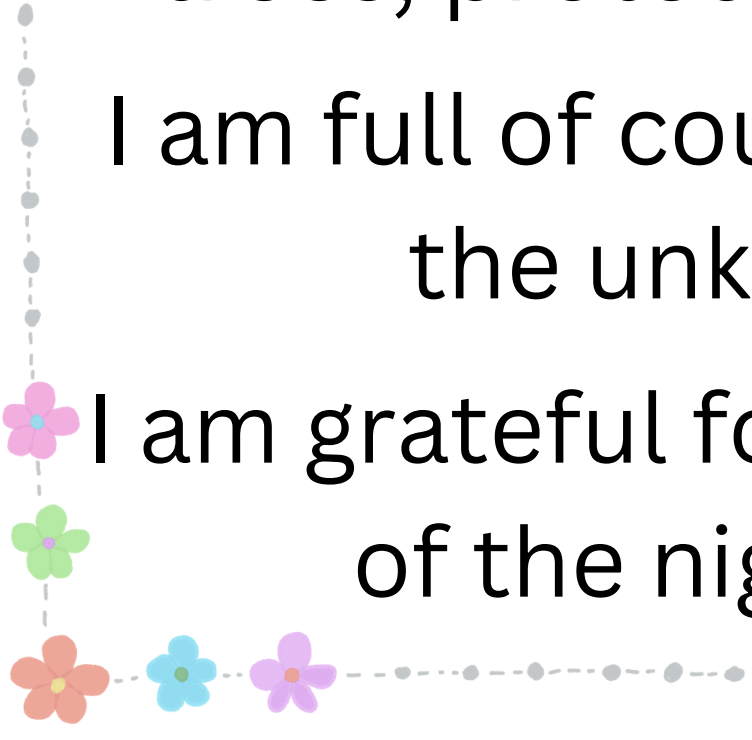
A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

I am full of positive
thoughts about my
potential.

I am respectful to my family
members, valuing their
love.

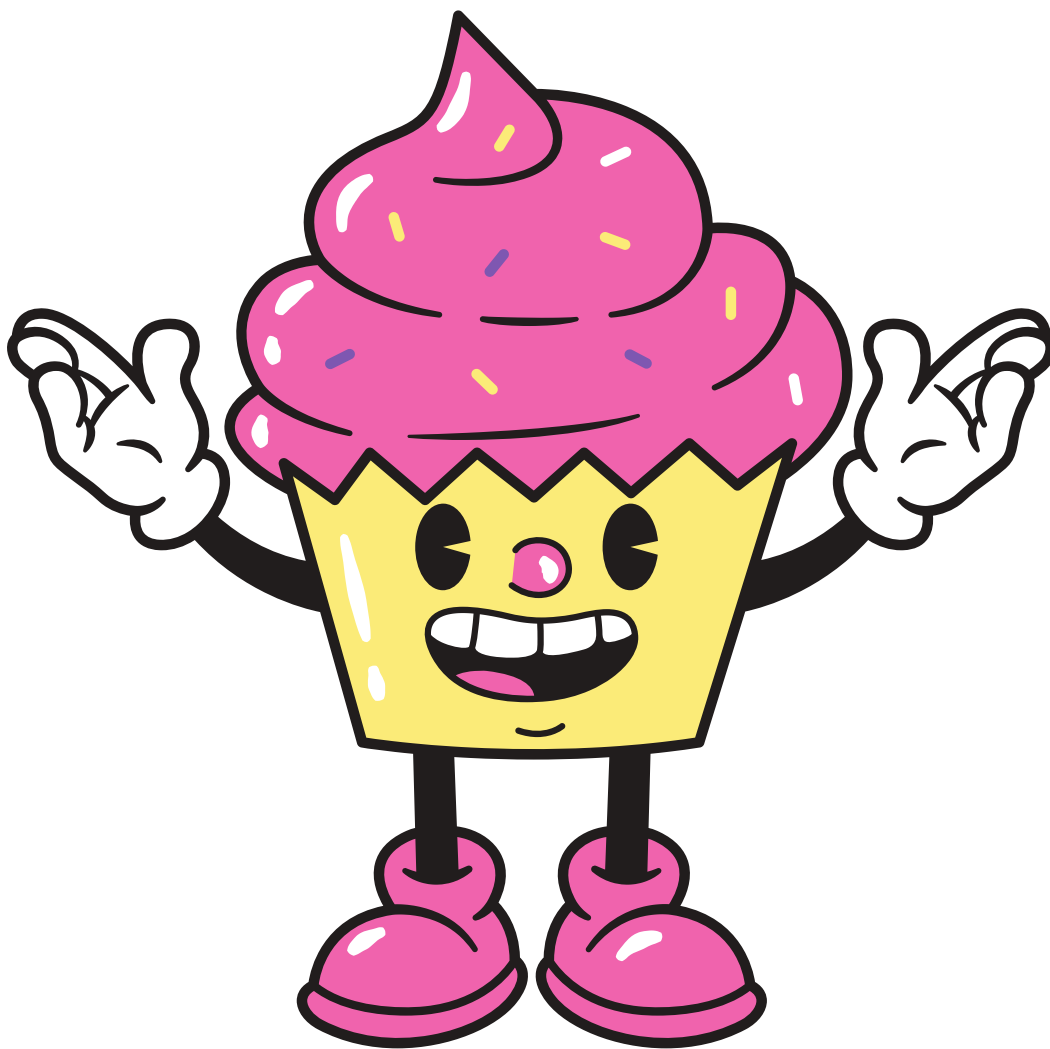
I am kind to the forests and
trees, protecting nature.

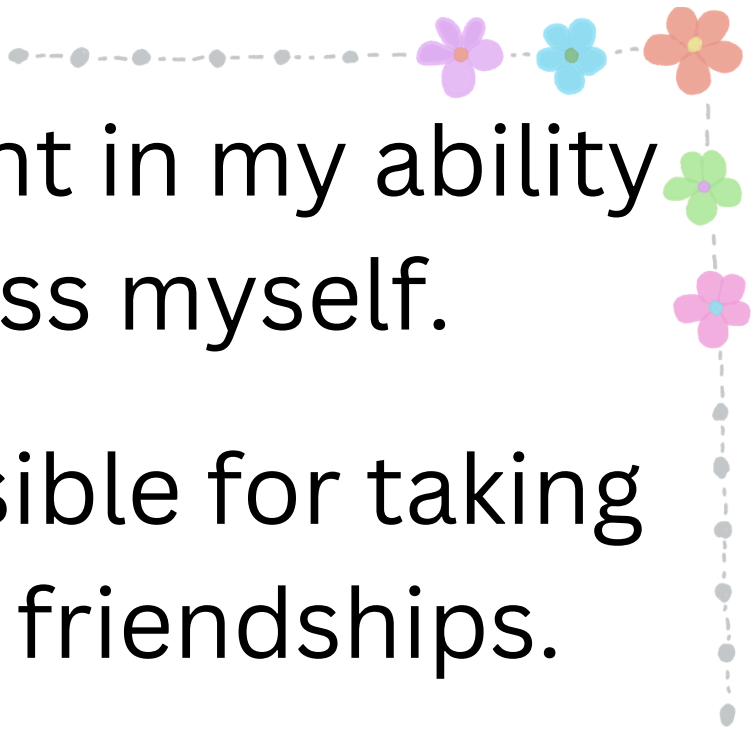
I am full of courage to face
the unknown.

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, orange, and blue.

I am grateful for the beauty
of the night sky.

YOU ARE
SPECIAL



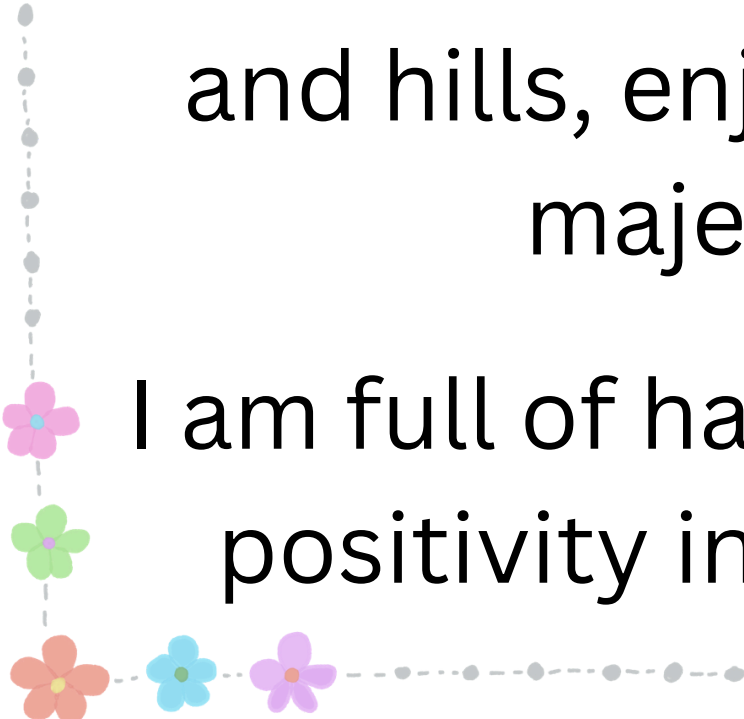


I am confident in my ability
to express myself.

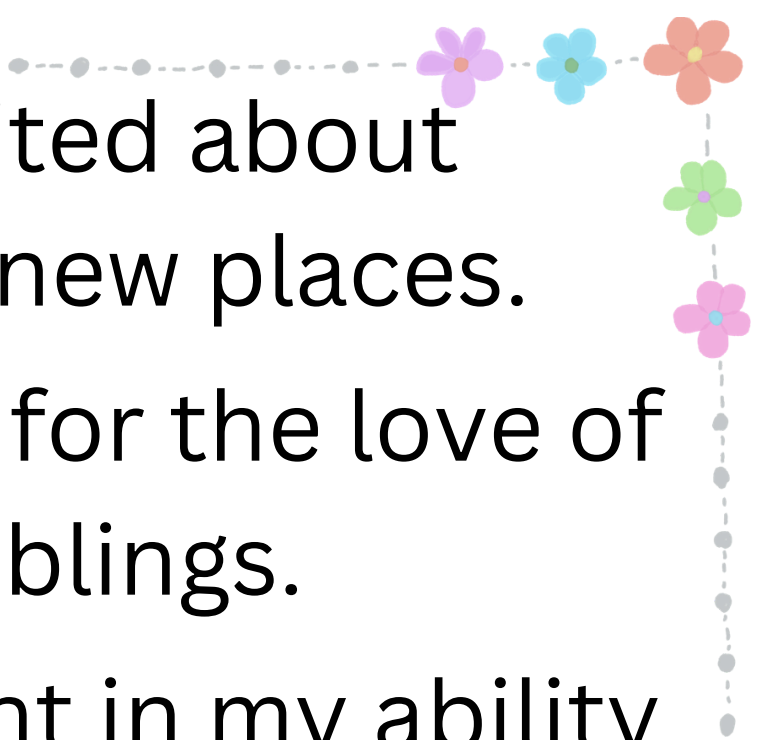
I am responsible for taking
care of my friendships.

I am full of positive energy
to inspire and motivate.

I am kind to the mountains
and hills, enjoying their
majesty.



I am full of happiness and
positivity in my heart.



I am excited about
exploring new places.

I am grateful for the love of
my siblings.

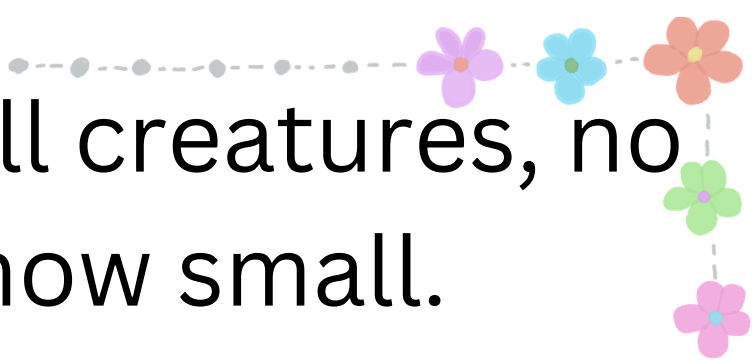
I am confident in my ability
to learn from mistakes.

I am responsible for taking
care of my thoughts.



I am full of positive
thoughts about my dreams.

I am respectful to my
elders, learning from their
wisdom.

A decorative dotted line runs horizontally across the top, ending with a purple flower, a blue flower, and an orange flower. A vertical dotted line runs down the right side, starting with a green flower and ending with a pink flower.

I am kind to all creatures, no
matter how small.

I am full of courage to speak
up for justice.

I am grateful for the warmth
of the sun.

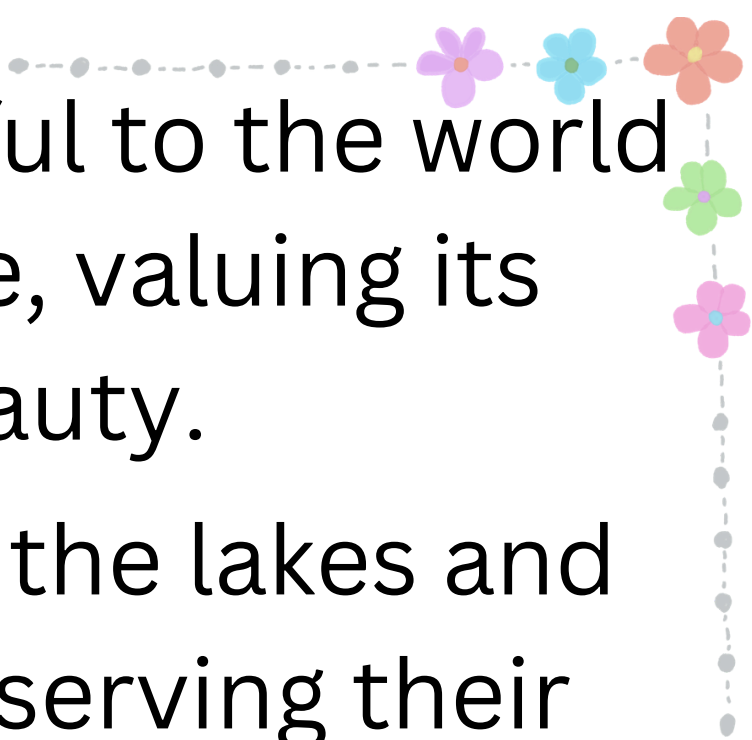
I am confident in my ability
to be compassionate.

A vertical dotted line runs down the left side, starting with a pink flower and ending with a green flower.

I am responsible for
showing respect to my
environment.

A horizontal dotted line runs across the bottom, starting with an orange flower, a blue flower, and a purple flower.

I am full of positive energy
to share with my family.

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

I am respectful to the world
around me, valuing its
beauty.

I am kind to the lakes and
ponds, preserving their
purity.

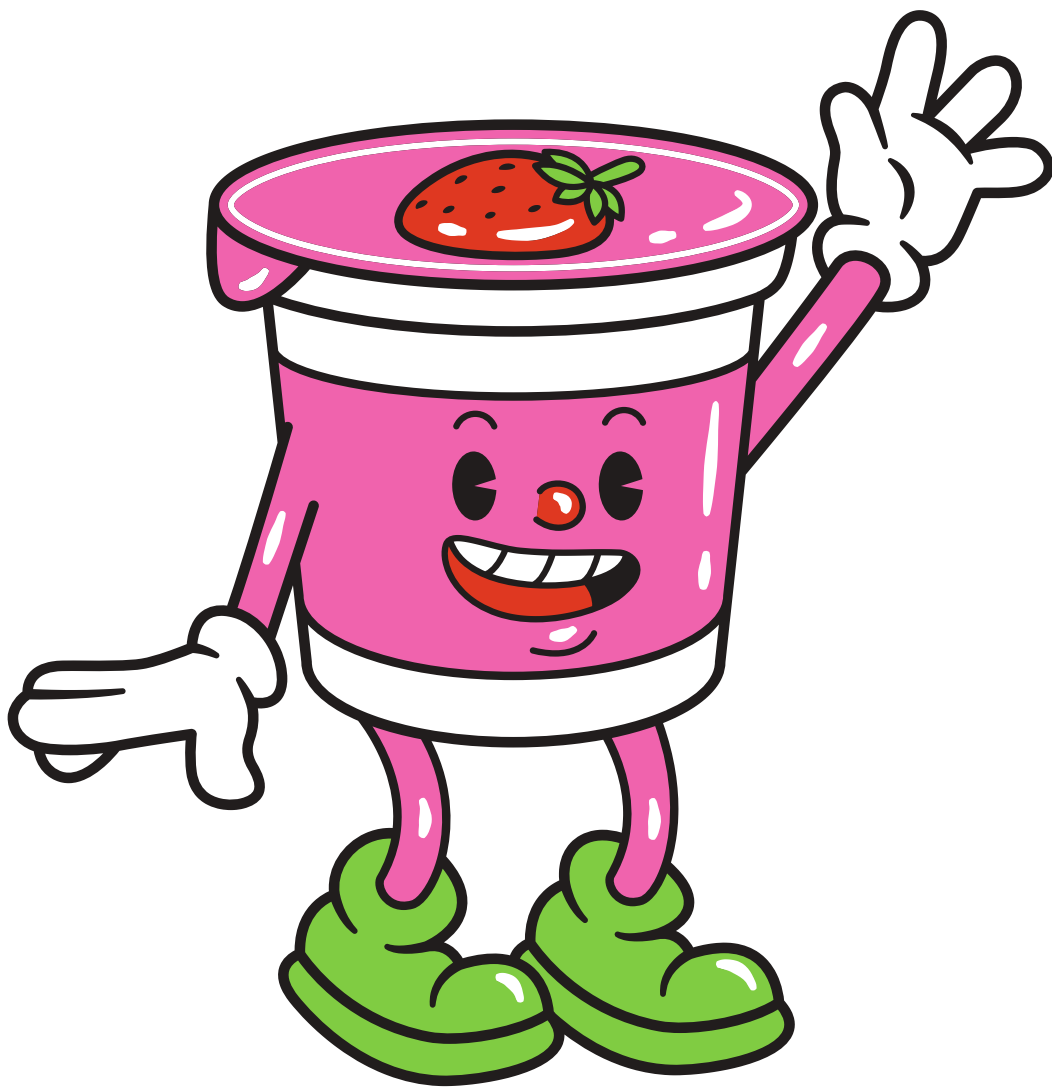
I am full of happiness and
positivity in my actions.

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, orange, and blue.

I am excited about learning
new skills.

I am grateful for the wisdom
of my grandparents.

YOU ARE
IMPORTANT





I am confident in my ability
to make a positive impact.

I am responsible for taking
care of my body.

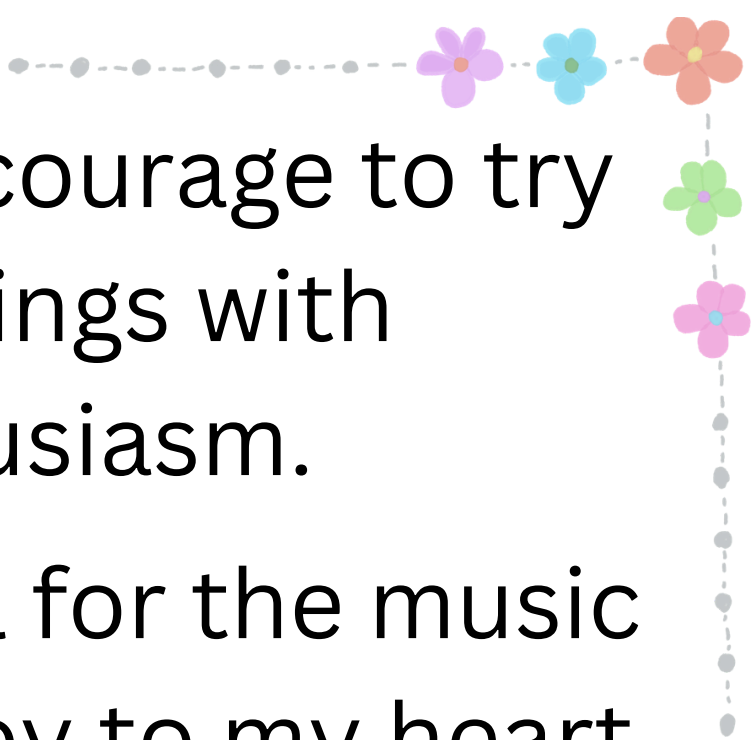
I am full of positive
thoughts about my future.

I am respectful to the
dreams and aspirations of
others.



I am kind to the deserts and
sand dunes, appreciating
their uniqueness.



A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

I am full of courage to try
new things with
enthusiasm.

I am grateful for the music
that brings joy to my heart.

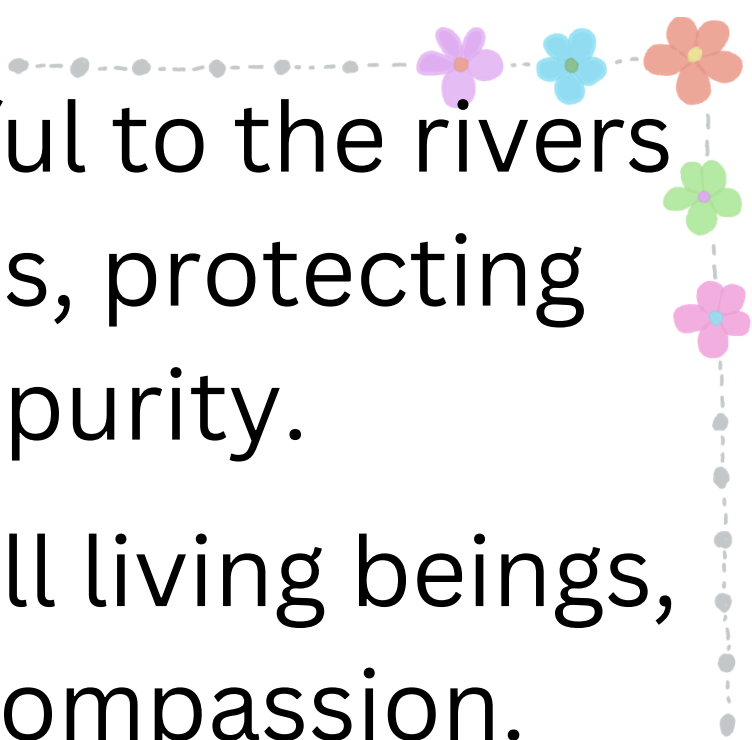
I am confident in my ability
to forgive and grow.

A decorative dotted line runs along the left edge of the page, featuring several small, colorful flowers in shades of pink, green, and orange.

I am responsible for
showing empathy to those
in need.

A decorative dotted line runs along the bottom edge of the page, featuring several small, colorful flowers in shades of orange, blue, and purple.

I am full of positive energy
to create a better world.



I am respectful to the rivers
and streams, protecting
their purity.

I am kind to all living beings,
showing compassion.

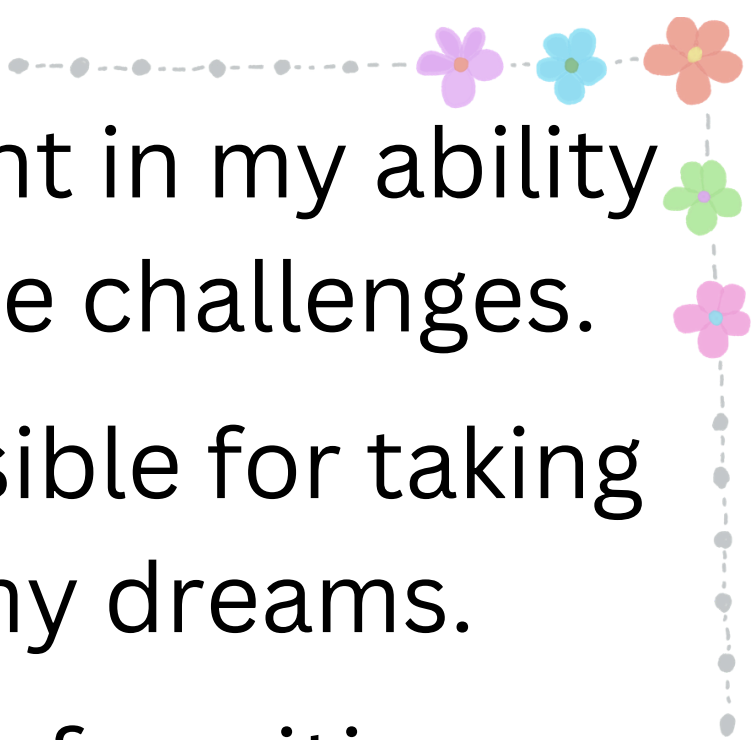
I am full of happiness and
positivity in my thoughts.



I am excited about making a
positive difference.

I am grateful for the
guidance of my parents.



A decorative dotted line runs horizontally across the top of the page, ending with three flowers: purple, blue, and orange. A vertical dotted line runs down the right side of the page, starting with a green flower and ending with a pink flower.

I am confident in my ability
to overcome challenges.

I am responsible for taking
care of my dreams.

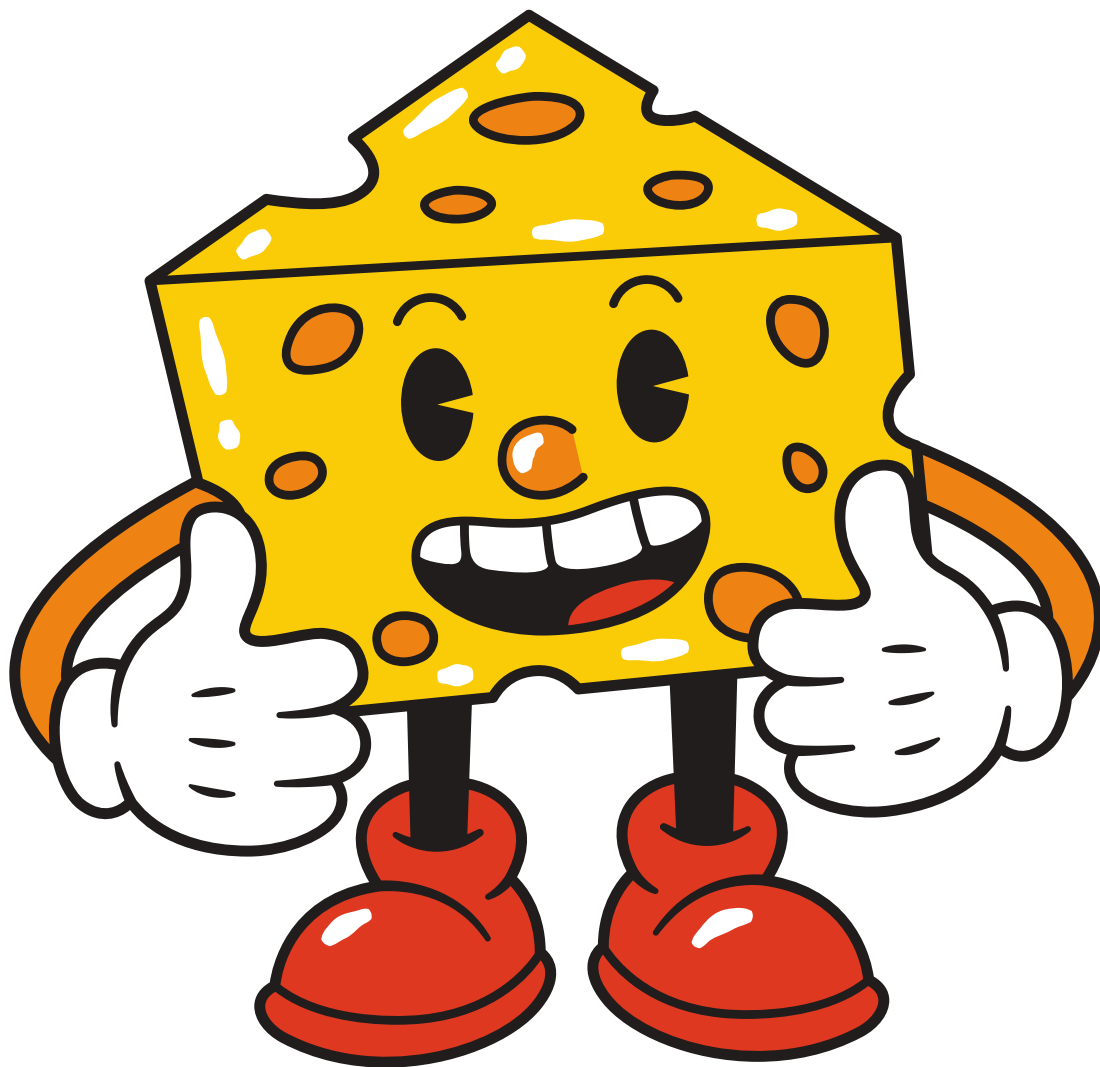
I am full of positive
thoughts about my
worthiness.

A decorative dotted line runs vertically down the left side of the page, starting with a pink flower and ending with an orange flower. A horizontal dotted line runs across the bottom of the page, starting with a blue flower and ending with a purple flower.

I am respectful to the
diversity of people.

I am kind to the wetlands
and marshes, preserving
their ecosystems.

YOU ARE
VALUED



A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

I am full of courage to stand
up for what I believe in.

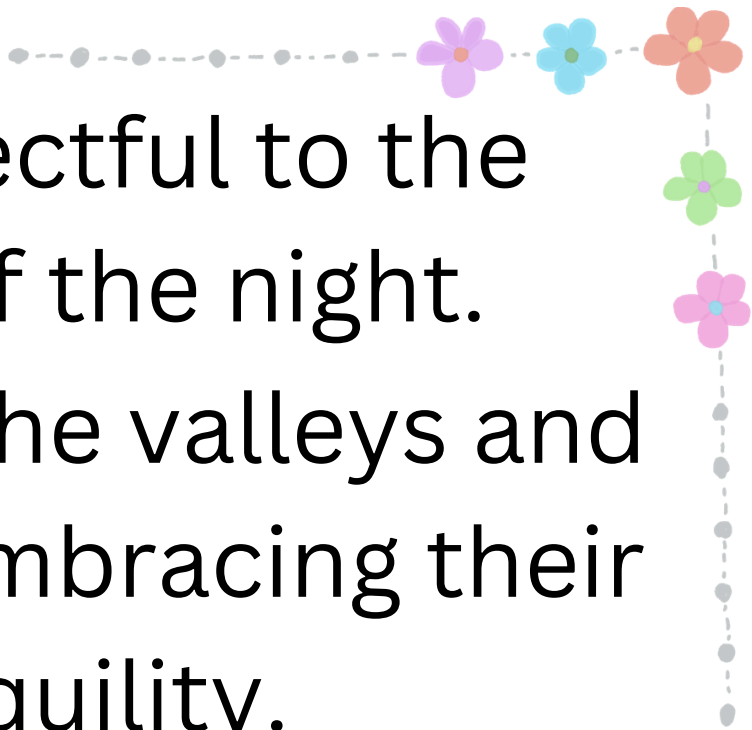
I am grateful for the beauty
of the changing seasons.

I am confident in my ability
to be patient.

A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers in shades of pink, green, orange, and blue.

I am responsible for
showing kindness to
strangers.

I am full of positive energy
to spread happiness.

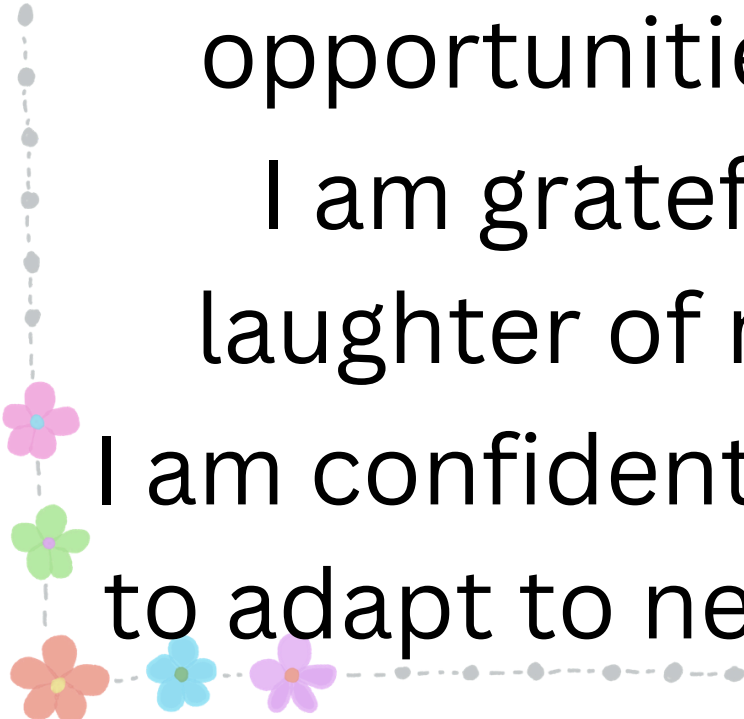


I am respectful to the
beauty of the night.
I am kind to the valleys and
meadows, embracing their
tranquility.

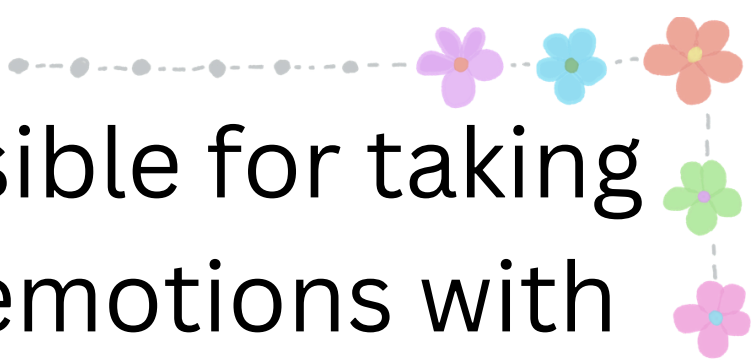
I am full of happiness and
positivity in my choices.

I am excited about the
opportunities to learn.

I am grateful for the
laughter of my friends.



I am confident in my ability
to adapt to new situations.

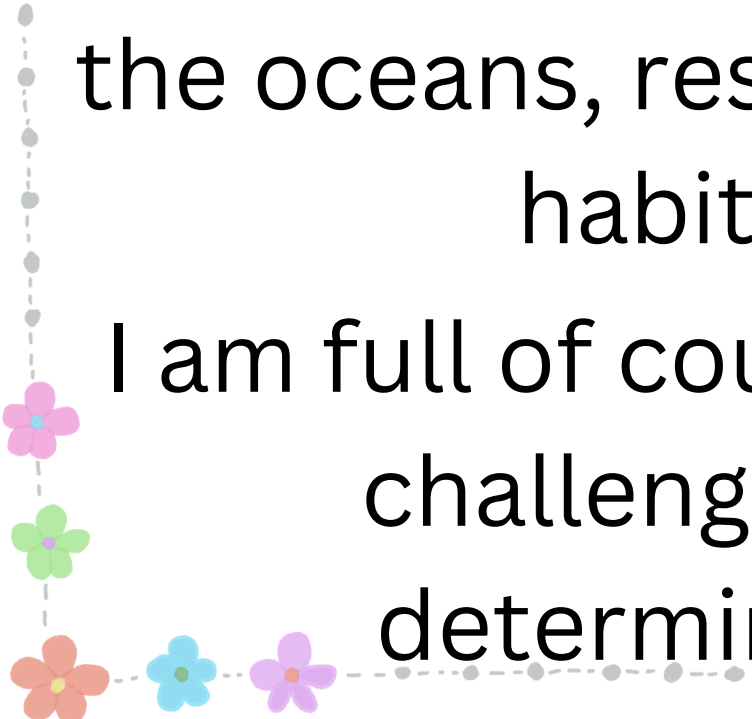
A decorative dotted line runs horizontally across the top, ending with three flowers: purple, blue, and orange. Another dotted line runs vertically down the right side, starting from the top and ending with a pink flower.

I am responsible for taking
care of my emotions with
love.

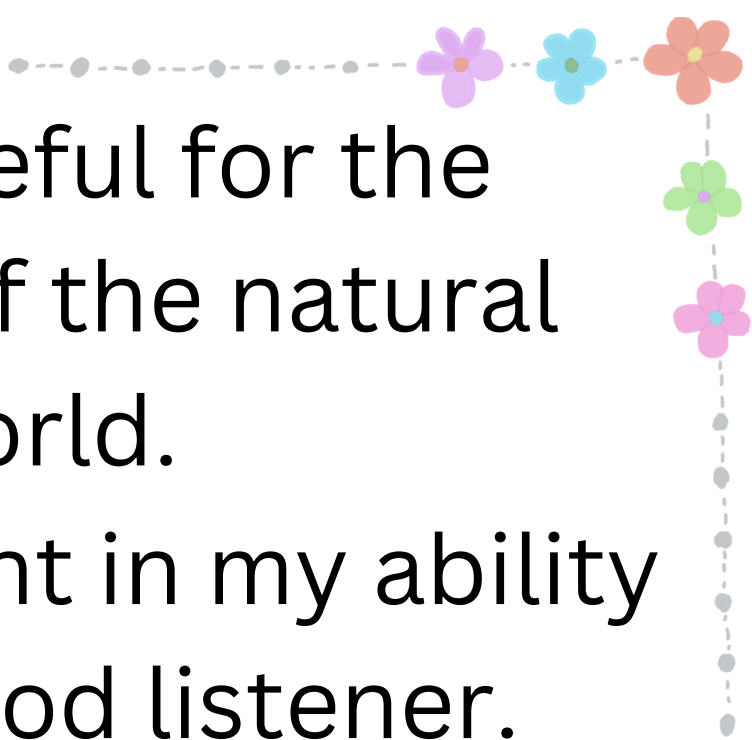
I am full of positive thoughts
about my potential.

I am respectful to the dreams
of my peers.

I am kind to the animals in
the oceans, respecting their
habitats.

A decorative dotted line runs vertically down the left side, starting from the top and ending with three flowers: pink, green, and orange. Another dotted line runs horizontally across the bottom, starting from the left and ending with three flowers: blue, purple, and orange.

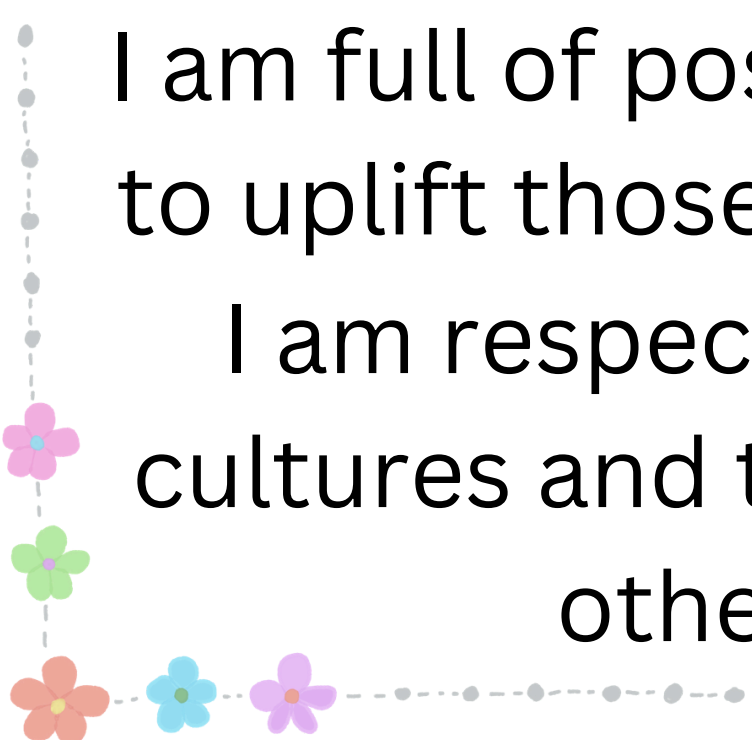
I am full of courage to face
challenges with
determination.

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers (purple, blue, orange, green, and pink) interspersed with grey dots.

I am grateful for the
wonders of the natural
world.

I am confident in my ability
to be a good listener.

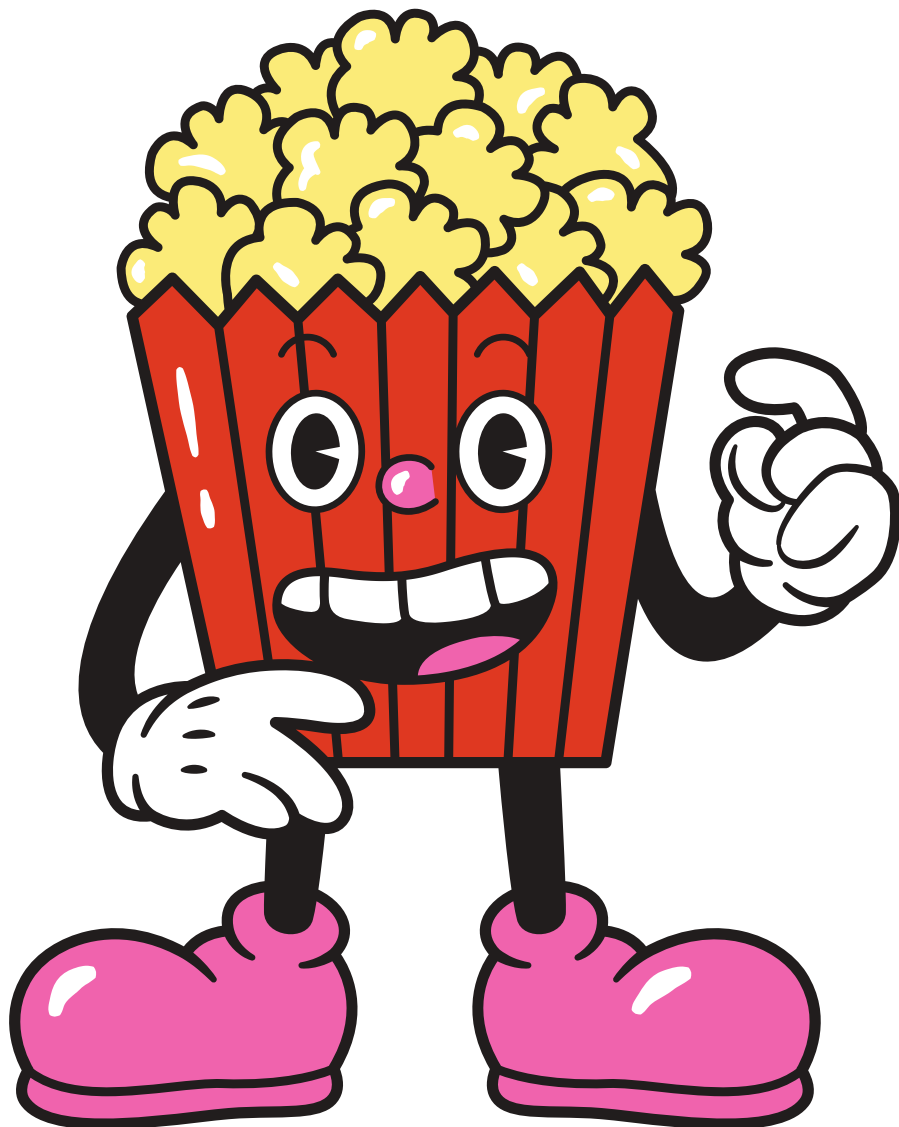
I am responsible for showing
empathy to others' struggles.

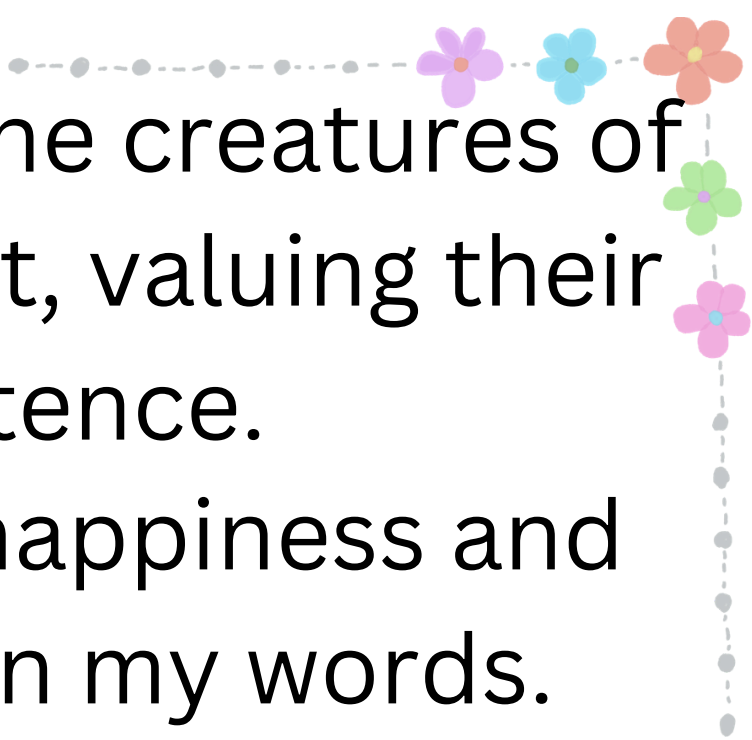
A decorative dotted line runs along the left and bottom edges of the page. It features several small, colorful flowers (pink, green, orange, blue, and purple) interspersed with grey dots.

I am full of positive energy
to uplift those around me.

I am respectful to the
cultures and traditions of
others.

YOU ARE
UNIQUE

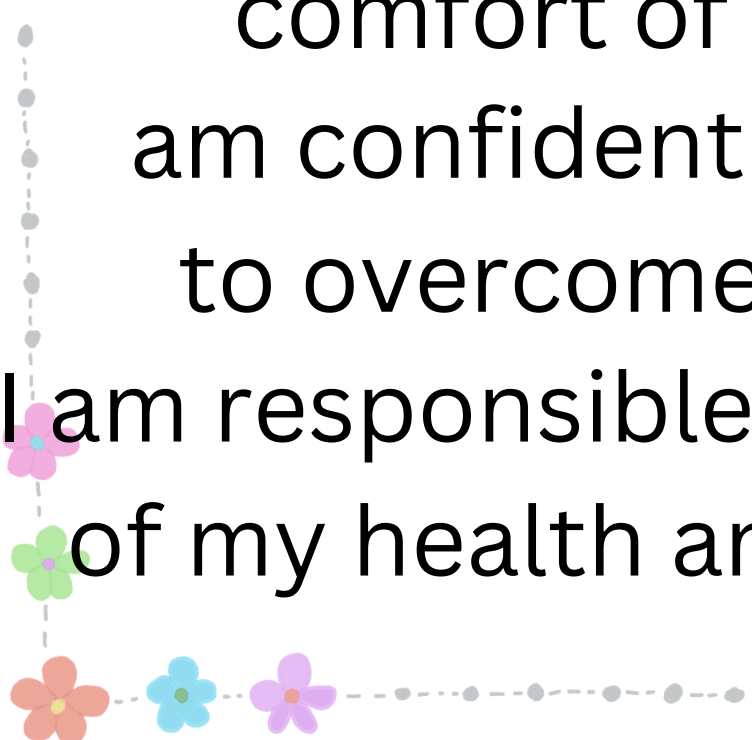


A decorative border in the top right corner consisting of a horizontal dashed line with five grey dots, followed by three flowers (purple, blue, and orange) and a vertical dashed line with five grey dots and two more flowers (green and pink).

I am kind to the creatures of
the rainforest, valuing their
existence.

I am full of happiness and
positivity in my words.
I am excited about sharing
kindness with the world.

I am grateful for the
comfort of my home.
I am confident in my ability
to overcome obstacles.

A decorative border in the bottom left corner consisting of a vertical dashed line with five grey dots and three flowers (pink, green, and orange), followed by a horizontal dashed line with five grey dots and two more flowers (blue and purple).

I am responsible for taking care
of my health and well-being.

A decorative dotted line with small grey dots and colorful flowers (purple, blue, orange, green, pink) arranged in a curve at the top right of the page.

I am full of positive thoughts
about my achievements.

I am respectful to the dreams
of my family members.

I am kind to the animals of the
grasslands, treating them
gently.

I am full of courage to
embrace change.

A decorative dotted line with small grey dots and colorful flowers (pink, green, orange, blue, purple) arranged in a curve at the bottom left of the page.

I am grateful for the colors of
a rainbow.

I am confident in my ability to
show gratitude.

A decorative dotted line with small grey dots and colorful flowers (orange, blue, purple) arranged in a curve at the bottom left of the page.

A decorative dotted line with small grey dots and colorful flowers (purple, blue, orange, green, pink) arranged in a curved path along the top and right side of the text.

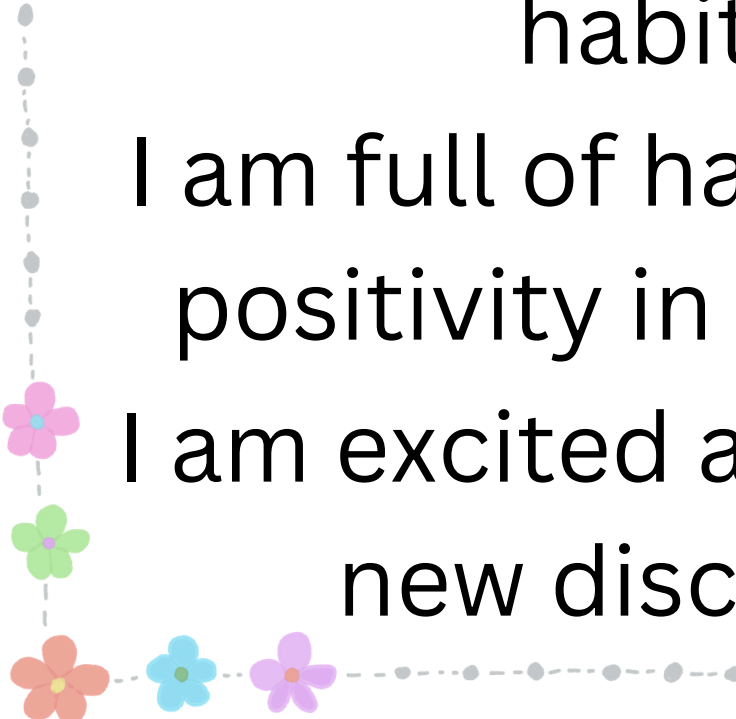
I am responsible for showing
kindness to all creatures.

I am full of positive energy to
inspire and motivate.

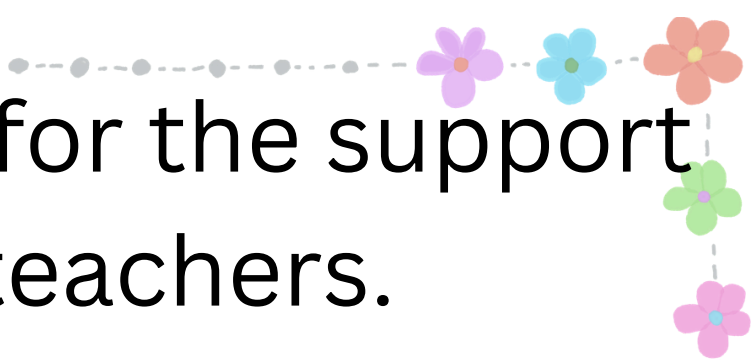
I am respectful to the beauty
of the starry sky.

I am kind to the animals of the
mountains, respecting their
habitats.

I am full of happiness and
positivity in my actions.

A decorative dotted line with small grey dots and colorful flowers (pink, green, orange, blue, purple) arranged in a curved path along the left and bottom side of the text.

I am excited about making
new discoveries.

A decorative dotted line runs horizontally across the top of the page, starting with a purple flower, followed by a blue flower, an orange flower, and a green flower.

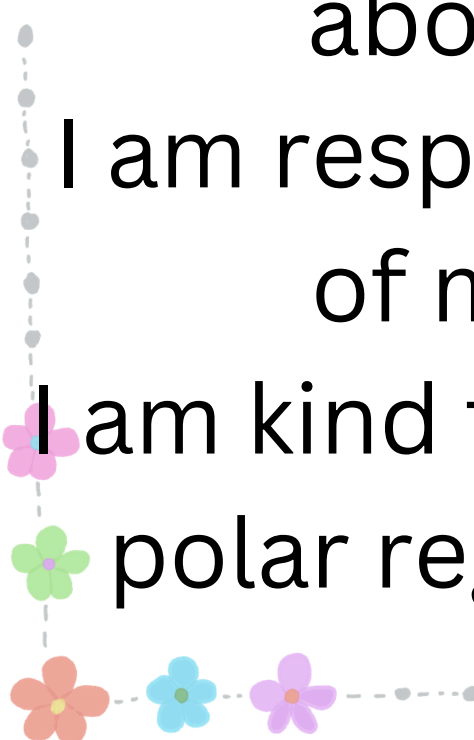
I am grateful for the support
of my teachers.

I am confident in my ability to
create art.

I am responsible for taking
care of my thoughts and
feelings.

I am full of positive thoughts
about my dreams.

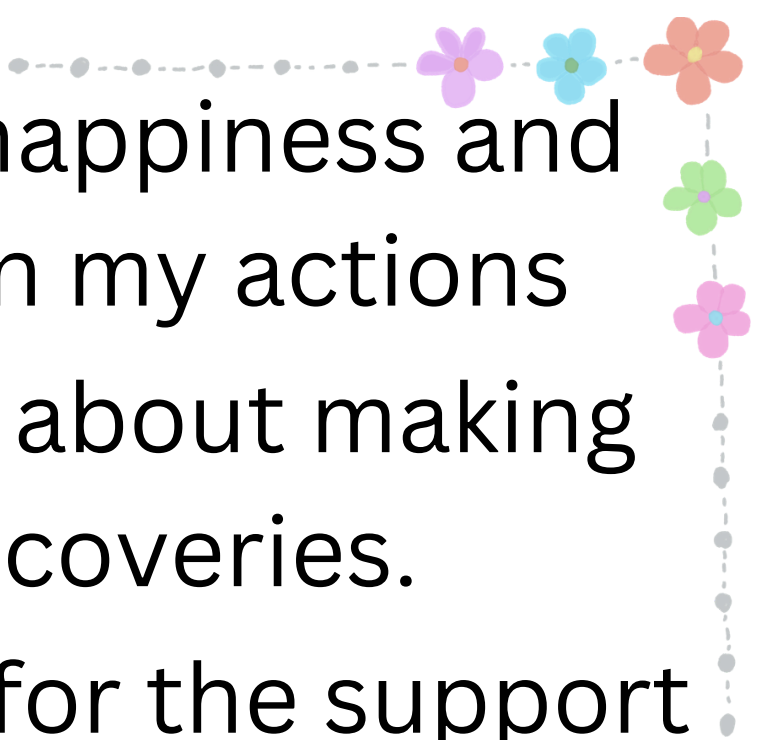
I am respectful to the talents
of my classmates.

A decorative dotted line runs vertically down the left side of the page, starting with a pink flower, followed by a green flower, an orange flower, a blue flower, and a purple flower.

I am kind to the animals of the
polar regions, valuing their
resilience.

YOU ARE
GRATEFUL



A decorative dotted line runs along the top and right side of the page, adorned with several colorful flowers in shades of purple, blue, orange, and green.

I am full of happiness and
positivity in my actions

I am excited about making
new discoveries.

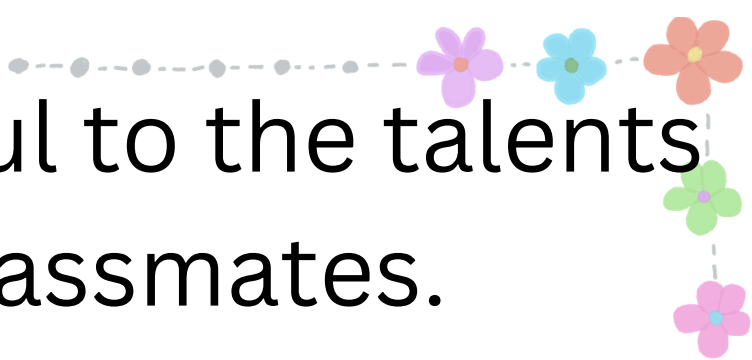
I am grateful for the support
of my teachers.

am confident in my ability to
create art.

A decorative dotted line runs along the left and bottom side of the page, adorned with several colorful flowers in shades of pink, green, orange, and blue.

I am responsible for taking
care of my thoughts and
feelings.

I am full of positive thoughts
about my dreams.

A decorative dotted line runs horizontally across the top of the page, ending with a purple flower, a blue flower, and an orange flower. Another dotted line runs vertically down the right side of the page, starting with a green flower and ending with a pink flower.

I am respectful to the talents
of my classmates.

I am kind to the animals of the
polar regions, valuing their
resilience.

I am full of courage to speak
up for kindness.

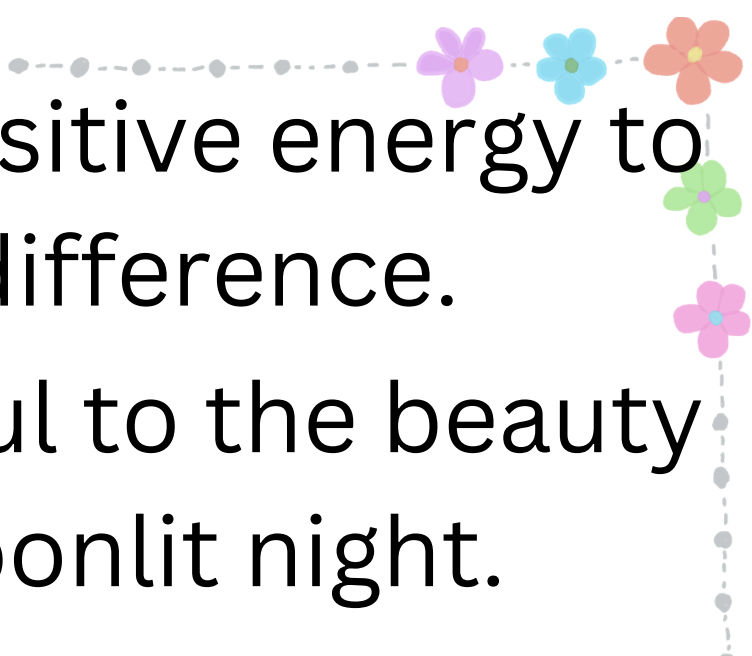
I am grateful for the joy of a
sunny day.

A decorative dotted line runs vertically down the left side of the page, starting with a pink flower, a green flower, and an orange flower.

I am confident in my ability to
be patient and understanding.

I am responsible for showing
empathy to all living beings.

A decorative dotted line runs horizontally across the bottom of the page, starting with an orange flower, a blue flower, and a purple flower.

A decorative border in the top right corner consisting of a dashed line with small grey dots, adorned with five colorful flowers: purple, blue, orange, green, and pink.

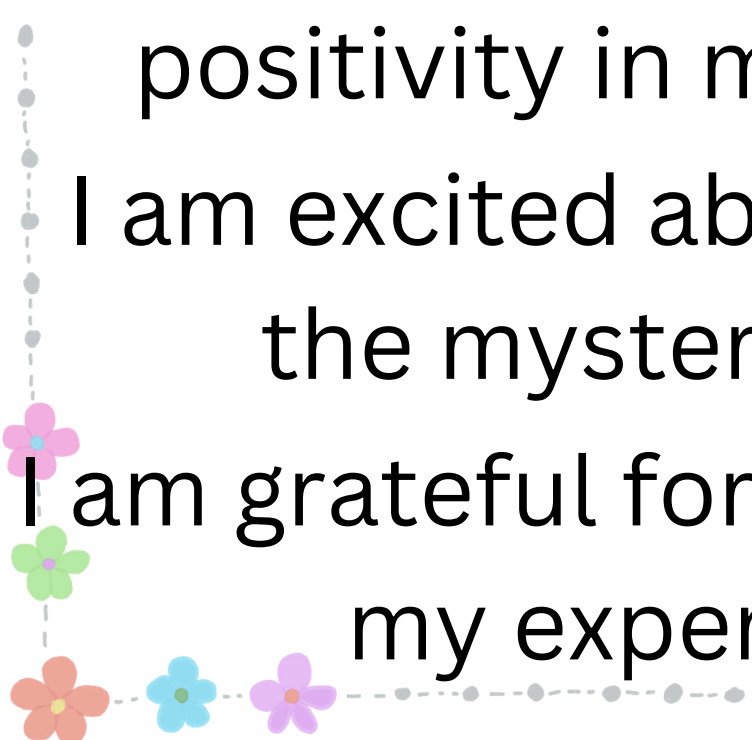
I am full of positive energy to
make a difference.

I am respectful to the beauty
of the moonlit night.

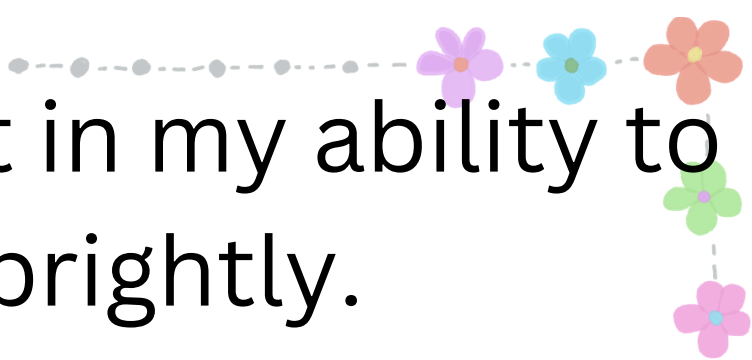
I am kind to the animals of the
savannah, appreciating their
diversity.

I am full of happiness and
positivity in my thoughts.

I am excited about exploring
the mysteries of life

A decorative border in the bottom left corner consisting of a dashed line with small grey dots, adorned with five colorful flowers: pink, green, orange, blue, and purple.

I am grateful for the lessons of
my experiences.

A decorative dotted line runs horizontally across the top, with several colorful flowers (purple, blue, orange, green, pink) placed along it.

I am confident in my ability to
shine brightly.

I am responsible for taking
care of my dreams with care.

I am full of positive thoughts
about my worth.

I am respectful to the goals of
my friends.

A decorative dotted line runs vertically down the left side, with several colorful flowers (pink, green, orange, blue, purple) placed along it.

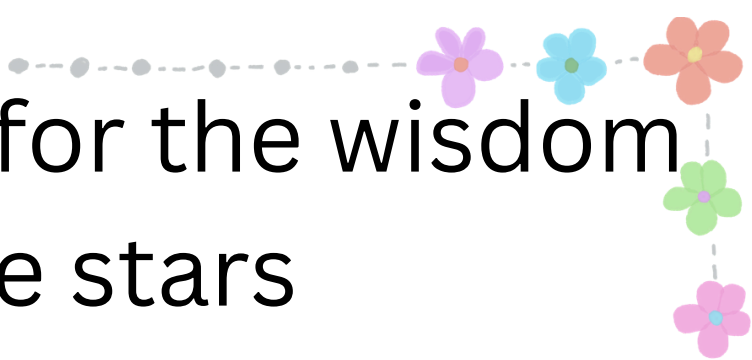
I am kind to the animals of the
wetlands, protecting their
homes.

A decorative dotted line runs horizontally across the bottom, with several colorful flowers (pink, green, orange, blue, purple) placed along it.

I am full of courage to stand up
for love.

YOU ARE
STRONG





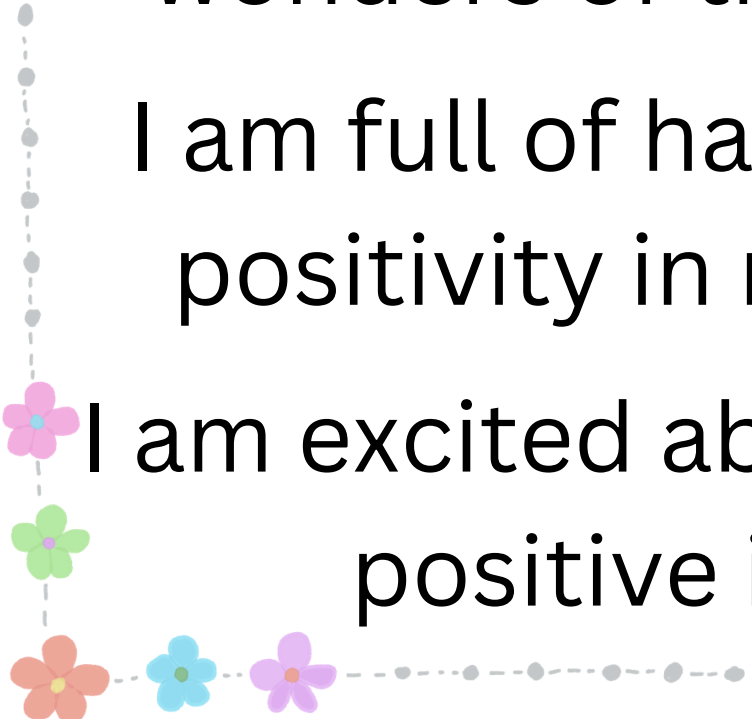
I am grateful for the wisdom
of the stars

I am confident in my ability to
learn from challenges.

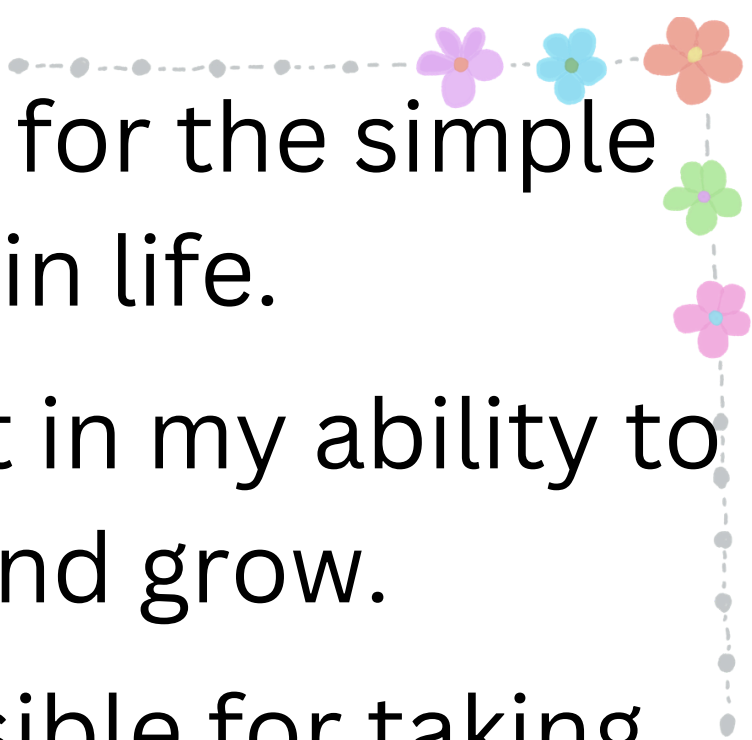
I am full of positive energy to
inspire growth.

I am respectful to the
wonders of the universe.

I am full of happiness and
positivity in my actions.



I am excited about making a
positive impact.

A decorative dotted line runs along the top and right side of the page, adorned with several colorful flowers in shades of purple, blue, orange, and green.

I am grateful for the simple
joys in life.

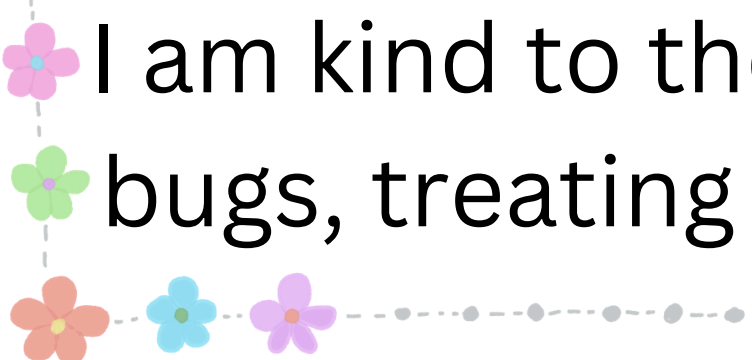
I am confident in my ability to
learn and grow.

I am responsible for taking
care of my body and mind.

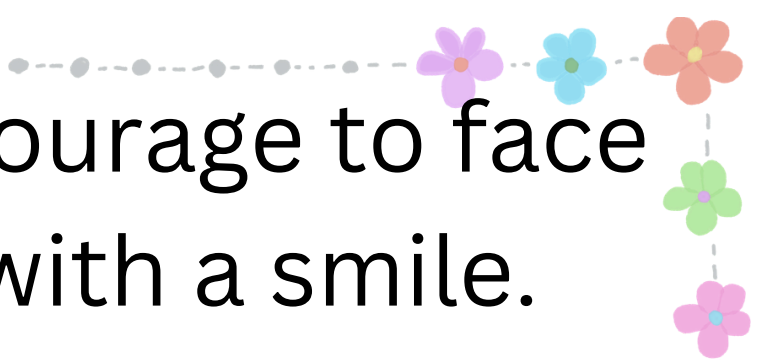
I am full of positive thoughts
about my uniqueness.

A decorative dotted line runs vertically down the left side of the page, adorned with several colorful flowers in shades of purple, blue, orange, and green.

I am respectful to the dreams
and aspirations of others.

A decorative dotted line runs along the bottom of the page, adorned with several colorful flowers in shades of purple, blue, orange, and green.

I am kind to the insects and
bugs, treating them gently.

A decorative dotted line runs along the top and right side of the first two text blocks, adorned with small, colorful flowers in shades of purple, blue, orange, and green.

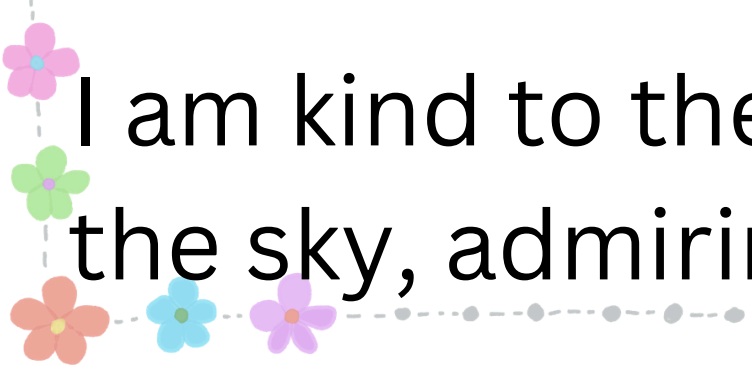
I am full of courage to face
each day with a smile.

I am confident in my ability to
express my feelings.

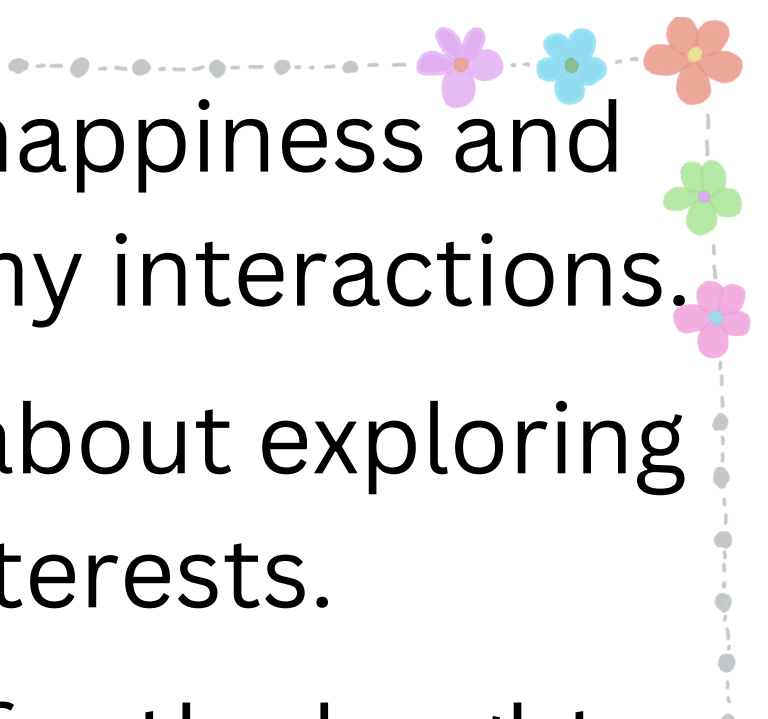
I am responsible for making
choices that reflect my values.

I am full of positive energy to
share with the world

I am respectful to the wisdom
of nature.

A decorative dotted line runs along the left and bottom side of the last text block, adorned with small, colorful flowers in shades of pink, green, blue, and orange.

I am kind to the creatures of
the sky, admiring their grace



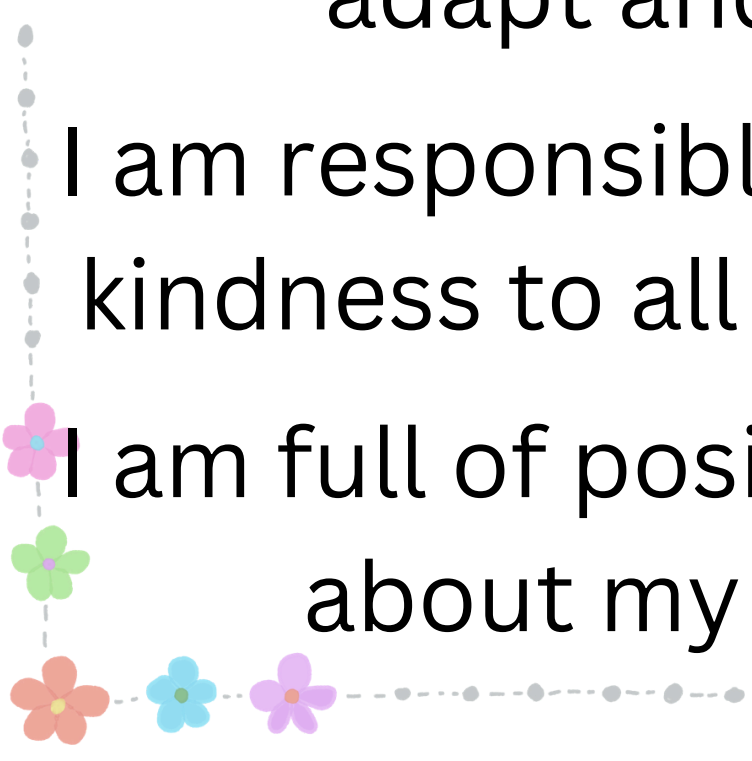
I am full of happiness and
positivity in my interactions.

I am excited about exploring
my interests.

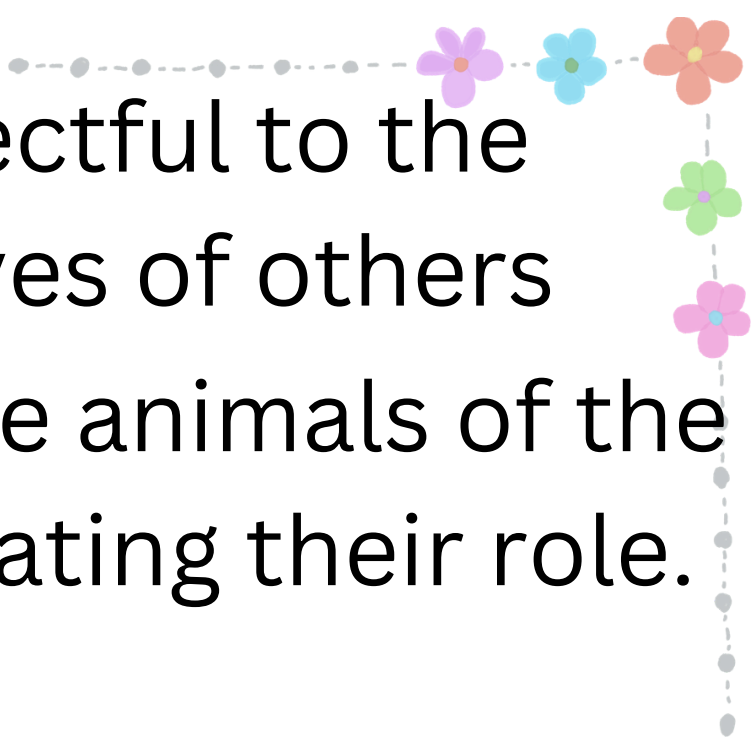
I am grateful for the laughter
and joy around me.

I am confident in my ability to
adapt and thrive.

I am responsible for showing
kindness to all living beings.



I am full of positive thoughts
about my dreams.

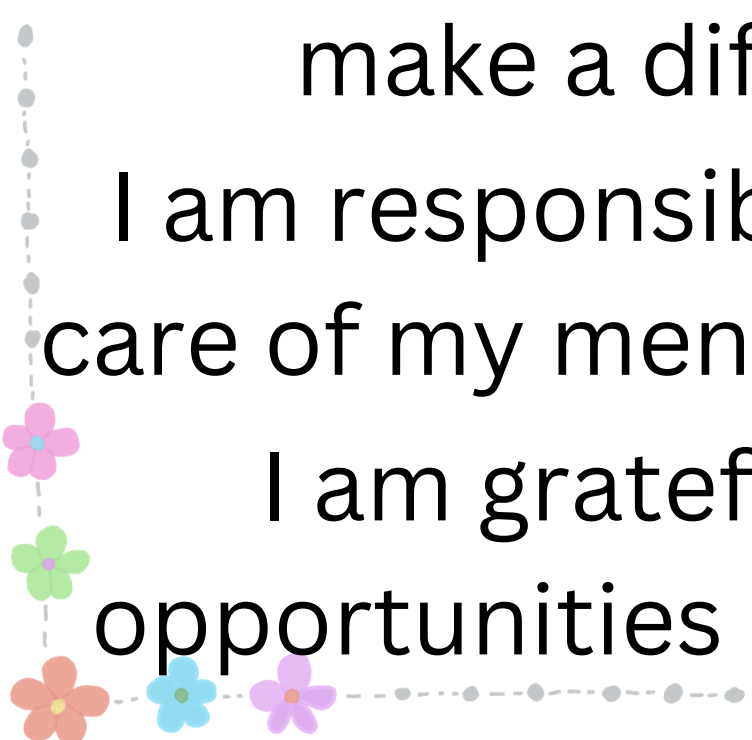


I am respectful to the
perspectives of others

I am kind to the animals of the
farm, appreciating their role.

I am full of courage to stand
up for what is right.

I am confident in my ability to
make a difference.



I am responsible for taking
care of my mental well-being.

I am grateful for the
opportunities life presents.

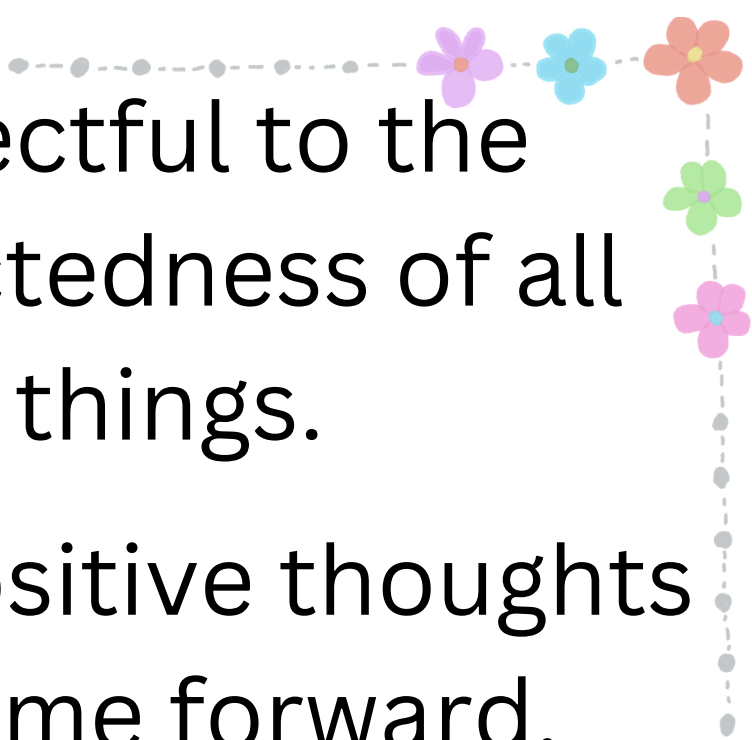
I am confident in my ability to
embrace challenges.

I am responsible for showing
empathy to all beings.

I am respectful to the
guidance of my mentors

I am kind to the animals of the
mountains, celebrating their
diversity.

I am full of courage to explore
new horizons.

A decorative dotted line runs along the top and right edges of the page. It features several small, colorful flowers in shades of purple, blue, orange, and green.

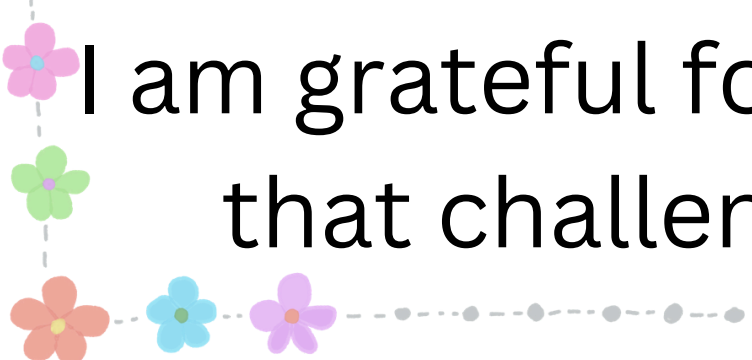
I am respectful to the
interconnectedness of all
living things.

I am full of positive thoughts
that guide me forward.

I am responsible for showing
kindness to myself and others.

A decorative dotted line runs vertically down the left side of the page, featuring small, colorful flowers in shades of pink, green, and orange.

I am confident in my ability to
create a bright future.

A decorative dotted line runs along the bottom and left edges of the page, featuring small, colorful flowers in shades of pink, green, and orange.

I am grateful for the lessons
that challenges bring.

YOU CAN DO IT







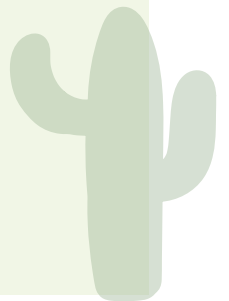












Notes :

The background is a light-colored wooden surface with vertical grain. In the top left, there are two orange circular wheels with screws. To their right, a wooden block has two green oval-shaped pieces on top. In the bottom left, there are colorful wooden blocks (green, pink, blue) and a piece with a red and blue striped pattern. In the bottom right, a wooden train track curves, with a green train car and an orange train car visible.

THANK
YOU